

Play GRAPEVINE

PARKS AND RECREATION ACTIVITIES GUIDE

CAMP EXCURSION

Designed for the adventurer inside us all, activities include paddle boarding, kayaking, rock climbing a trip to Main Event and more. **PAGE 23**

CYCLE FUSION

Take the calorie-busting workout of cycling and fuse it with total body conditioning to create an amazing cross-training experience. **PAGE 13**





See page 46 for information on The REC.

For additional information, visit playgrapevine.com

GRAPEVINE PARKS & RECREATION ADMINISTRATION

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The Vineyards Campground & Cabins

817.329.8993
vineyardscampground.com

Meadowmere Park

817.488.5272

Rockledge Park

817.454.1058

PARKS & RECREATION ADVISORY BOARD

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Mission Statement

To enhance the quality of life of the citizens of Grapevine, through the stewardship of our natural resources and the responsive provision of quality leisure opportunities.

Grapevine Parks & Recreation

Host your next event with us!

Rental cancellations must be made 14 days in advance.



Room Rental (\$25/hr).

Two hour minimum
Set-up/Take down
30 people maximum

Party Space Rental (\$100/hr.)

Two hour minimum
Includes fully equipped kitchen
Set-up/Take down
100 people maximum

- Family Reunion (Lunch/Dinner)
- Baby Shower
- Wedding Shower
- Rehearsal Dinner
- Family Gatherings
- Holiday Parties
- Large Company Trainings/Meetings

Rental space is open to residents and non-residents.
For additional information, please contact Michelle Caro
at mcaro@grapevinetexas.gov or at 817.410.3455.

Table of Contents

February–March 2015

Classes	4-40
<i>Pre-School (6 yrs. and under)</i>	4-5
<i>Dance</i>	6
<i>I Flip for Gymnastics</i>	7
<i>Health and Fitness (6 yrs. and above)</i>	8-13
<i>Fine Arts (All ages)</i>	14
<i>Special Interest (10 yrs. and above)</i>	15-17
<i>Botanical Gardens (All ages)</i>	18
<i>Tennis</i>	19
<i>Youth Sports (4 yrs. and above)</i>	20-21
<i>Adult Sports (16 yrs and above)</i>	22
<i>Summer Camps</i>	23-27
<i>Spring & Summer Camps</i>	28
<i>Outdoor Recreation Camps</i>	29
<i>Aquatics (All ages)</i>	30-37
<i>Senior Adults (55 yrs. and above)</i>	38-40
Special Events	41
Lake Parks	42
Grapevine Events	43-44
Rental Venues	45
The REC	46
Registration & Policies	47
Session Registration Schedule	48
E-Z Registration Form	48
Parks/Addresses	49
Trails Map	51

GRAPEVINE

PRESCHOOL

Pre-School Gymnastics

This class is designed to promote physical activity and motor skills development. Basic gymnastics skills such as rolls, bridges, handstands and cartwheels will be introduced. Students will also be exposed to gymnastic equipment such as the balance beam.

Ages: 3-5 yrs.

Day/Time/Code: Tue., 4:30-5:10 PM, 708205

Sessions/Fee: 03 (6 wks.) \$45

Instructor: Gypsy Mishoe

Jo-Ann's Little Dancers-NEW Ballet/Tap Dance Camp

Dancers will learn a ballet and tap routine that they will perform the last day of the camp. This camp will also include story time, coloring, crafts and a bit of tumbling as well. Ballet tutu, wand and wings are included in the fee.

Ages: 3-5 yrs.

Fee: \$120

Dates/Time/Code:

"Butterfly Princess", June 22-26

10:30 AM-12 PM, 703977-05

"Tippy Toe Teddy Bear", July 20-24

10:30 AM-12 PM, 703978-05

Instructor: Jo-Ann Ingram

Lil' Chefs Camp

Lil' Chefs is a hands-on creative class where our "chefs" in training will learn to mix, measure, whip, decorate and taste! We will make: minion cupcakes, ocean dessert, octopus hotdogs, silly snake breadsticks, 4th of July flag cakes, pizza pockets, homemade slurpees and much more!

Ages: 3-8 yrs.

Day/Time/Code: Wed., 1-2 PM, 708406

Class Dates: June 10, 17, 24, July 1, 8, 15

Session/Fee: 05 (6 wks) \$75

Instructor: Ms. DeLaine

Additional info: \$5 supply fee to be paid to the instructor.

Kreative Kids Camp

Imagine the fun your little artist will have creating Father's Day Gifts, 4th of July candy dishes, beach bags, minion t-shirts, handprint fish towels, and much more!

Ages: 3-9 yrs

Day/Time/Code: Wed., 2:15-3:15 PM, 708409

Class Dates: June 10, 17, 24, July 1, 8, 15

Session/Fee: 05 (6 wks) \$75

Instructor: Ms. DeLaine

Additional info: \$5 supply fee to be paid to the instructor.



PRESCHOOL

Early Achiever's Summer Preschool Academy

Academic Preschool Program for 3-5 year olds-NEW

This fun-filled preschool class utilizes a hands-on theme based yearly curriculum that focuses on the academic, social, emotional, physical and creative development of each student. Areas of reading, writing, science, safety, health, social studies, math, art, music and movement are included. Fun learning activities include language, music and art appreciation, visual and spatial perception, logical and mathematical calculation, social interaction, fine and gross motor skills, phonetic awareness and building alphabet skills including letter identification, providing a strong foundation for further developing reading skills. Curriculum also includes concepts in math and science as well as developing fine and gross motor skills through fun group activities. Hands-on, manipulative activities are the basis of the math program. Students reinforce number recognition and counting, as well as develop essential skills in graphing, measuring, beginning geometry and concepts of time and money. Ratio of 1:10. Please bring a snack. There is a \$10 supply fee each session paid to teacher first day of class. Please call 972.567.1771 for more information or email info@rarelearning.com.

Class Tue./Fri.. Preschool:

Times:
Tue./Fri. 9:30 AM-12 PM
Class twice a week

Fee/Code
\$99/month (708315)

Ages 3-5 yrs.

Additional Info: \$10 supply fee paid to instructor the first day of class.

Session: Tue./Fri.

Feb. (02)	Feb. 3-27
Mar. (03)	Mar. 3-Apr. 3 (no class March 9-13 Spring Break)
Apr. (04)	Apr. 7-May 1

Pre-School



Dance

TITLE	AGE	DAYS/TIMES	INSTRUCTOR	FEE 03 (6 wks.)	CODE
Ballet/Tap for Pre-School	3-5 yrs.	Mon., 10-10:40 AM	Jo-Ann Ingram	\$60	708201
Ballet/Tap for Pre-School	3-5 yrs.	Mon., 10:45-11:25 AM	Jo-Ann Ingram	\$60	708202
Ballet/Tap for Pre-School	3-5 yrs.	Tue., 10-10:40 AM	Jo-Ann Ingram	\$60	708301
Ballet/Tap	5-7 yrs.	Thur., 4-4:40 PM	Jo-Ann Ingram	\$60	708510
Ballet/Tap	6-12 yrs.	Thur., 4:45-5:25 PM	Jo-Ann Ingram	\$60	708511
Ballet/Tap for Pre-School	3-5 yrs.	Thur., 5:30-6:10 PM	Jo-Ann Ingram	\$60	708503
Ballet/Tap for Pre-School	6-12 yrs.	Thur., 6:15-6:55 PM	Jo-Ann Ingram	\$60	708504
Ballet/Tap for Pre-School	3-5 yrs.	Sat., 10-10:40 AM	Tatyana Peffers	\$60	708701
Ballet/Tap	6-12 yrs.	Sat., 10:45-11:25 AM	Tatyana Peffers	\$60	705700
*Jazz/Hip Hop	6-12 yrs.	Sat., 11:30 AM-12:15 PM	Tatyana Peffers	\$60	708700

Additional information: Siblings receive a \$5 discount.

Ballet shoes, leotards and tights required for all dance classes. Tap shoes required for tap classes.

Tumbling for Tots

This class will teach the fundamentals of gymnastics on a floor mat while developing flexibility and strength. Children will also learn coordination skills on a balance beam and parachute exercises. Classes will build self-confidence, create group interaction skills while supporting your child's self-esteem and positive image.

Ages: 3-6 yrs.

Day/Time/Code: Tue., 10:45-11:30 AM, 708403

Session/Fee: Tue., 03 (6 wks.) \$60

Additional Info: Wear comfortable play clothes; girls may wear dance attire.

Instructor: Jo-Ann Ingram



I FLIP FOR GYMNASTICS

Beginning Gymnastics 1

This class is designed as an introduction to gymnastics. Students will learn floor skills such as rolls, cartwheels, handstands and backbends. Students will also be introduced to the balance beam, rings and vault.

Ages: Kindergarten-7 yrs.

Day/Time: Tue., 5:15-5:55 PM

Code/Fee: 709327/\$48

Session: 03 (6 wks.)

Instructor: Gypsy Mishoe

Beginning Gymnastics 2

This class is designed for older children who have little experience with gymnastics. Students will learn floor skills such as rolls, cartwheels, handstands and backbends. Students will also be introduced to the balance beam and vault.

Ages: 8-12 yrs.

Day/Time: Tue., 6-6:45 PM

Code/Fee: 709202/\$48

Session: 03 (6 wks.)

Instructor: Gypsy Mishoe

Advanced Intermediate Gymnastics

This class is designed for the young gymnast who has already mastered the basic skills of the sport. Students entering this class should be able to do a cartwheel, a handstand and a backbend with little or no assistance. We will be working on more advanced skills such as front and back walk-overs and handsprings. Students will spend a portion of each class developing flexibility and strength.

Ages: 7-14 yrs.

Day/Time: Tue., 6-6:45 PM

Code/Fee: 709328/\$48

Session: 03 (6 wks.)

Instructor: Gypsy Mishoe



Health & Fitness

Personal Training

Experience a new exercise program that will take your fitness to the next level! Contact the Grapevine Community Activities Center staff of certified professional personal trainers, then select a personal training package and save!

1/2 Hour Sessions \$35

1/2 Hour Semi-Private Sessions \$50 (price based on two people)

Personal Training Packages

Five, 30-minute sessions for \$170 (save \$5)

Ten, 30-minute sessions for \$330 (save \$20)

Fifteen, 30-minute sessions for \$465 (save \$60)

Twenty, 30-minute sessions for \$600 (save \$100)

Five semi-private sessions for \$245 (save \$5)

Ten semi-private sessions for \$480 (save \$20)

Fifteen semi-private sessions for \$675 (save \$75)

Twenty semi-private sessions for \$860 (save \$140)

To schedule your appointment with a personal trainer, please contact Amanda Hawkins at ahawkins@grapevinetexas.gov • 817.410.3456



Larry Coleman, Ci-MFS



Carlyle Bourland, CMPT



Fit Carlyle Experience

Ultimate Fitness Camp

This one hour jam-packed muscle confusion camp includes all the best low impact cardiovascular movements, ab chiseling and core strengthening exercises. All the best, new, up-to-date exercises that give you results without doing the same workouts. Lose weight with all the best healthy nutritional tips and food plan to follow for the week. Daily food log monitoring online by Carlyle. You will lose weight and feel great! Make healthy and safe changes today and join us for this great camp! This is beginner to advanced friendly! Please bring a water bottle.

Ages: 11 yrs. & up

Days: Mon.-Fri.

Times/Codes: 5:30-6:30 AM, 706208

Sessions/Dates: 02, Feb. 23-27

03, Mar. 16-20

04, Apr. 6-10

Fee: \$50/week or \$12/day

Early Bird Fit

Start your day off right! Step up and take control of your body and health. Carlyle will help you make the health and fitness goals you need to look good and feel great! Lose weight, change the shape of your whole body, strengthen, tighten, and tone! Get to the core and learn how to maintain your new body. Participants receive a monthly calendar with fitness tips, motivation, recipes, nutritional guidance, and exercises to help guide you to your fitness goals.

Ages: 11 yrs. & up

Days/Time: Mon., Wed., Fri., 5:30-6 AM

Fee: \$80/month

Code: 706219

Additional Info.: *Instructor discounts may apply

*See instructor for class specials

FitCarlyle's Trainer's Choice

Trainer's Choice is a great workout for all levels that will take you through every inch of your body using the best fat blasting, calorie burning, core strengthening, muscle confusion, cross training mix. Our fun, motivational, safe, dynamic workouts will have you achieving all your health and fitness goals. Class participants receive nutritional guidance and motivational information. Get healthy with us and have fun!

Ages: 11 yrs. & up

Days/Time/Codes:

Mon., 8:05-8:50 AM, 706205

Wed., 6-6:45 PM, 706504

Fri., 8:05-8:50 AM, 706607

Sessions/Fee: 03, \$35

Strength Stretch & Powerblast Plus

Total body strength training, light multi-level cardio and extensive abdominal, lower body and core exercises. Burn calories, tone, strengthen and sculpt your way to a healthy body!

Ages: 11 yrs. & up

Day/Time/Code: Mon., 6-6:45 PM, 706406

Session/Fee: 03, \$35

Strength, Stretch & Flex

This popular class combines all the best and safest strength training exercises to guide you to a healthier, leaner body. Gain bone density, burn calories, build lean muscle and relieve stress using safe and effective exercises for your whole body. Class utilizes free weights, body bars, resistance training bands, stability balls, and Pilates exercises. Learn correct strength training techniques to achieve maximum results and develop a strong, sculpted body in a fun, motivational class. Bring ankle weights and a water bottle.

Ages: 11 yrs. & up

Days/Times/Codes:

Wed., 8:05-8:50 AM, 706300

Sat., 9:05-9:50 AM, 706700

Session/Fee: 03, \$35

FitCarlyle Fitness Pass:

1 class-\$35 (excludes fitness camps/cooking class)

2 classes - \$58 (save \$12)

3 classes - \$75 (save \$30)

4 classes - \$95 (save \$45)

Instructor: Carlyle/Team Carlyle

- All classes are beginner to advanced friendly.
- Participants who miss a class may attend any FitCarlyle class in the same 6-week session as a make-up.

Instructor: Carlyle/Team Carlyle

Health & Fitness

Coleman Complete Fitness

Coleman Cross Training

This class targets your total body and is an excellent program for those that want to begin a workout routine or for those that want to be challenged. Larry will use his experience as a Master Fitness Specialist to take you through the latest exercises in the world of fitness, keeping your workouts fresh and your body feeling exhilarated.

Ages: 13 yrs. & up

Days/Time: Mon., Wed., Fri., 9-9:45 AM

Sessions/Fee: 03, \$90

Code: 706222

Instructor: Larry Coleman, Ci-MFS

Camp Coleman

Join us for a fitness boot camp unlike any you've experienced. Camp Coleman combines circuit training with cardio, weights, and ab work in one intense workout to help you reach and maintain your fitness goals. Whether your goal is to lose weight, tone, or just become more confident, this program is for you! Classes are fun, energizing, diverse and include a free initial and post boot camp assessment.

Ages: 13 yrs. & up

Days/Times/Fees/Codes: Mon., Wed., Fri., 5:45-6:15 AM \$90, 706203

Session: 4 weeks

Instructor: Larry Coleman, Ci-MFS

Weekend Warrior

End your week right with a blast of strength and cardio training that will help you tone and lose weight all while having fun the Camp Coleman way.

Ages: 13 yrs. & up

Days/Time: Sat., 9-9:45 AM

Fee: \$40

Sessions: 4 weeks

Code: 706712

Instructor: Larry Coleman, Ci-MFS

30 Minute Muscle-NEW

This class will offer maximum calorie burn in the shortest amount of time.

You will get fit and healthy all while being challenged during different exercises. It's a combination of strength, cardio, muscle endurance, flexibility, core, and functional movement patterns. This class will work your entire body.

Ages: 13 yrs. & up

Days/Time: Tue., 6:10-6:40 PM

Thur., 5:30-6 PM

Fee: \$60

Sessions: 4 weeks

Code: 706224

Instructor: Larry Coleman, Ci-MFS

Happy Movements

Therapeutic Yoga

Discover the power of going back to the basics as you move, breathe, and meditate to music. Join for this SLOW-paced class that combines yoga with therapeutic exercises. Perfect for those new to yoga or someone looking for a less intense class. Register for Tuesday, Saturday or both (see Unlimited Beginner Yoga). Visit HappyMovements.com for more information.

Ages: 18 yrs. & up

Days/Times/Codes: Tue., 6:30-7:30 PM, 706303

Sat., 11:45 AM-12:45 PM, 706507

Session/Fee: 03, \$54

Instructor: Natasha Carter, LAT, ATC, CYT

Unlimited Therapeutic Yoga

Join us twice a week for our Beginner Yoga Series. Classes offered Tuesday, 6:30-7:30 PM and Saturday 11:45 AM-12:45 PM. See Therapeutic Yoga for class description. Visit HappyMovements.com for more information.

Ages: 18 yrs. & up

Code: 706603

Session: 03

Fee: \$87

Instructor: Natasha Carter, LAT, ATC, CYT

Insanity

From the DVDs to your gym! The revolutionary, cardio-based, total body-conditioning program is here! This calorie torching, shirt-soaking workout is based on the principle of MAX Interval Training, and you'll be ripping through the most heart-pumping, muscle shredding, sweat dripping, high-intensity cardio workout ever. It is designed to provide you a safe, challenging and results driven work out with no equipment necessary. Each

move has a modification which makes this work out for anyone at any fitness level! Find out what you're really made of.

Ages: 16 yrs. & up

Days/Time/Code: Tue., 9:45-10:15 AM, 706310

Session/Fee: 03, \$30, Drop-in Fee \$8

Instructor: Karla Acord, Certified Insanity Instructor

Health & Fitness

jazzercise®

Join anytime • Classes offered year round

Offering 14 classes per week and Personal Training!

Burn up to 600 calories in one fun and powerfully effective 60-minute total body workout. Every Jazzercise group dance fitness class combines dance-based cardio with strength training and stretching to sculpt, tone and lengthen muscles for maximum fat burn.

Unlimited access to all classes

FEE: Starting at \$39/month

Joining fees may apply

For more information, please call Missy at 817.269.6477



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Class Schedule

MON	TUES	WED	THUR	FRI	SAT
8:10 AM: Jazzercise		*8:10 AM: Jazzercise		*8:10 AM: Jazzercise	8:45 AM: Jazzercise
*9:15 AM: Jazzercise	*9:15 AM: Jazzercise	*9:15 AM: Jazzercise	*9:15 AM: Jazzercise	*9:15 AM: Jazzercise	10 AM: Express
6 PM: Jazzercise	6 PM: Jazzercise	6 PM: Jazzercise	6 PM: Jazzercise		* Child Care Available

Jazzercise

Life is too busy for boring workouts. Body-blasting music mixes with 60-minutes of sweating, smiling and laughing through Pilates, yoga and kickboxing moves. This is the new Jazzercise!

Personal Touch

Personal Touch is a program designed by Jazzercise to carry your fitness needs one step further. Personal Touch is an extended program to build muscle tone, strong bones and healthier eating habits. Each class concentrates on muscle building, nutrition and proper strength training techniques to help you lose inches and pounds. No aerobics involved. Open to non-jazzercise students.

Ages: 16 yrs. & up

Days/Times/Codes/Fees: Tues., 7-7:50 PM, 706218, \$60

Thurs., 7-7:50 PM, 706506, \$60

Tues. & Thurs., 7-7:50 PM, 706221, \$100

Session: 03

Instructor: Missy Hill

For more information, please contact Missy at 817.269.6477.

Email: grapevinejazz@verizon.net

Facebook: facebook.com/GrapevineJazzercise

Website: jcls.jazzercise.com/facility/jazzercise-grapevine-community-center

Tae Kwon Do/Hapkido

Sessions/Fees: \$50/month (Ind.)
\$120/month (Fam./3 or more)

Instructor: Kim Davis, 6th DAN

Supply Fee: Belt test and equipment available upon request from instructor.

Youth Tae Kwon Do

Tae Kwon Do, a Korean martial art, is for all ages and is fun for the entire family. Improve flexibility, concentration, general conditioning, hand/eye coordination, balance, self-discipline, and physical/mental well-being. Youth students learn and practice side by side with adult class students to see what is possible as they gain confidence.

Ages: 6 -11

Days/Time: Mon. & Thur., 7-8 PM

Codes: 706800 (Ind.), 706802 (Fam.)

Adult Tae Kwon Do/Hapkido

Korean martial arts, are for all ages and fun for the entire family [Hapkido lower age limit= 12 yrs.]. Improve flexibility, concentration, general conditioning, hand/eye coordination, balance, self-discipline, and physical/mental well-being. Students in the advanced class will learn to apply skills in forms, sparring, and self-defense applications. Hapkido adds grappling and some weapons techniques to Tae Kwon Do skills.

Ages: 12 yrs. & up

Days/Time: Mon. & Thur., 7-8:30 PM

Codes: 706801 (Ind.), 706803 (Fam.)

Senkottaris Arnis

Senkottaris Arnis (stick fighting) is a Philippine art using five basic strikes combined with defense shielding and disarming skills. Training is progressive to match skills to the student's ability. Students are encouraged to continue developing their skills to advance in Senkottaris arnis and/or add to their martial art knowledge. The students will use sticks and dull surfaced practice knives during training classes.

Ages: 12 yrs. & up

Days/Time: Mon. & Thur., 8:30-9:15 PM

Fee/Code: \$30/month, 706620

Instructor: Kim Davis, 6th DAN

Supply Fee: Belt test and equipment available upon request from instructor.

Note: No classes Mar. 8-14

Stroller Strides/Stroller Barre

Stroller Strides is a stroller-based fitness program designed for moms with little ones. Stroller Barre is a unique blend of Pilates, barre and yoga stroller-based workout for moms. Babies have fun as we entertain them with songs and games. Pregnant moms and new moms (6 weeks postpartum) are always welcome!

Location: Parr Park, 3010 Parr Lane

Ages: 18 yrs. & up

Days/Time: Stroller Strides, Mon.-Fri., 9:15 AM

Days/Time: Stroller Barre, Mon.-Fri., 9:30 AM

Additional Info: For more information, contact Farrah Agado at 682.651.7895, or at farrahagado@fit4mom or grapevine.fit4mom.com.

Zumba Fitness

The Original Dance-Fitness Party! Are you ready to party yourself into shape? Forget the workout, just lose yourself in the music at the original dance-fitness party. Zumba classes feature exotic rhythms set to high-energy Latin and international beats. Before you know it, you'll be getting fit and your energy levels will be soaring! It's easy to do, effective and totally exhilarating.

Ages: 16 yrs. & up

Days/Time/Codes:

Wed., 7-8 PM, 706606/Monthly

Sat., 10:15-11:15 AM, 706706/Monthly

Unlimited (Wed./Sat.), 706400

Fees: \$20 for 1 class/week

\$40 for Unlimited

Instructor: Samantha Olson, Zumba Certified

Gladiator Fitness Camps

Camp Gladiator is an adult fitness camp that promises an intense, motivating and challenging environment where men and women of all ages and fitness levels can push themselves. Participants may attend ANY and ALL times for one low price. For more information and to register, visit campgladiator.com

Ages: 15 yrs. & up

Location: Pickering Park

Days/Time: Mon., Wed., Fri., 9:15-10:15 AM

Instructor: Janet Fuller,
janetfuller@campgladiator.com

Location: Parr Park

Days/Time: Mon., Wed., Fri., 8:30-9:30 AM

Instructor: Missy Cheatham,
missycheatham@campgladiator.com

Note: Additional times/locations are available on website

Legends Martial Arts

Martial arts classes designed specifically for kids, teens, and adults. Our curriculum is designed by 10th degree black belt Grandmaster J. Pat Burleson and 7th degree black belt Master Chance Burleson. The curriculum focuses on perfecting martial arts techniques along with a focus on discipline and control.

Fees: \$45/month — Basic Program

\$55/month — Elite Program

\$65/month — Masters Program

(\$5 discount for each additional family member).

Beginner Kids (White to Orange Belts)

Day/Time: Tue., 5-5:30 PM

Ages: 6-11 yrs.

Code: 706701

Advanced Kids (Green to Black Belts)

Day/Time: Tue., 5:30-7 PM

Ages: 6-11 yrs.

Code: 706702

Teens & Adults (White to Black Belts)

Day/Time: Tue., 7-9 PM

Ages: 12 yrs. & up

Code: 706703

Lil' Legends Pre-K Karate

Martial arts classes designed for 3, 4 and 5 yr. olds. Our curriculum was designed by a black belt with a Master's Degree in Occupational Therapy for pre-k aged children. Participants must test out of the first class to progress to the "advanced" class, which focuses on perfecting martial arts techniques.

Beginner

Day/Time: Tue., 5:15-5:45 PM

Ages: 3-5 yrs.

Code: 706704

Advanced

Day/Time: Tue., 6-6:30 PM

Ages: 3-5 yrs.

Code: 706705

Instructor: Legends Martial Arts

For more information:

legendsmartialarts.com 817.285.8484

Workout with Wendy

Floor - Core - More

Intro to Pilates

Anyone can do Pilates and achieve amazing results. There is no bouncing, jarring or stress to your body. Pilates Intro, a 30-minute mat class, is a great way to start getting in shape, with gentle moves that will help strengthen and tone your body, flatten your abs and improve your flexibility and balance. If you are seeking a beginner exercise class that will transform the way your body looks, feels and performs, this class is for you!

Ages: 13 yrs. & up

Days/Time: Mon. and/or Thur., 5:10-5:40 PM

Session/Fee: \$40/month for 8 classes/month
\$22/month for 4 classes/month
Drop in fee: \$8/class

Code: 706204

Instructor: Wendy Dolan

Pilates II - Rev-Up

Shape and tone your muscles and core: This energizing, 30-minute class incorporates intermediate Pilates sculpting exercises with upper body strength training. Leave feeling strong and invigorated, without stress or strain to your joints!

Ages: 13 yrs. & up

Day/Time: Wed., 5:10-5:40 PM

Session/Fee: \$22/month for 4 classes/month
Drop in fee: \$8/class

Code: 706403

Instructor: Wendy Dolan

Pilates III - POUND & Pilates-NEW

POUND fuses easy to follow cardio moves with strength training and drumming. Pilates III incorporates concentrated abdominal and glutes sculpting exercises. This combo works the entire body, burns up the calories and lets you rock out while you work out!

Ages: 16 yrs. & up

Days/Time: Mon., 6:15-6:45 PM

Fees: \$25/month for 4 classes/month
Drop in fee: \$8/class
with Sculpt Express: \$32/month

Codes: Mon., 706214

Instructor: Wendy Dolan

Pilates Sculpt Express

Pressed for time? This quick, 15-minute sculpting class focuses on strengthening and toning your upper body while engaging your core. 15-Minute Sculpt Express: Efficient and Effective!

Ages: 13 yrs. & up

Days/Time: Mon., and/or Thur., 5:45-6 PM

Fees: \$20/month for 8 classes/month
\$10/month for 4 classes/month
Drop in fee: \$4/class

Codes: Mon., 706223, Thur., 706608

Unlimited, 706610, 2 classes/week

Instructor: Wendy Dolan

PiYo Strength

PiYo Strength combines aspects of Pilates, yoga and strength conditioning. With PiYo Strength's unique exercises, you'll work the deepest layer of your abdominal muscles, increase your strength, flexibility and balance, improve your overall fitness level and leave feeling refreshed!

Ages: 13 yrs. & up

Day/Time/Codes: Wed., 7-7:30 PM, 706602

Session/Fee: \$25/month for 4 classes/month
Drop in fee: \$8/class

Instructor: Wendy Dolan

Cyclelates

The perfect blend: Cycling and Pilates. Flatten your abs, build core strength and increase flexibility with Pilates mat exercises. Burn lots of calories, get lean and build cardiovascular strength with indoor cycling. Cyclelates incorporates 25-minutes of Pilates followed by 25-minutes of cycling to challenge all fitness levels. Core and Cardio: Get it all accomplished in just one workout!

Ages: 16 yrs. & up

Day/Time/Codes: Mon., 7-8 PM, 706251

Fee: \$32/month for 4 classes/month

Drop in fee: \$10/class

Instructor: Wendy Dolan

Cycle Fusion-NEW

Take the incredibly effective, calorie-busting workout of cycling and fuse it with total body conditioning to create an amazing cross-training experience!

Ages: 16 yrs. & up

Day/Time/Codes: Wed., 6-6:50 PM, 706308

Fee: \$30/month for 4 classes/month

Drop in fee: \$10/class

Instructor: Wendy Dolan

All classes are low impact.

Private sessions available for individual and group classes, including Indoor Cycling.

POUND. Rockout. Workout™

Rock your body using Ripstix™-weighted drumsticks and listen to yourself get into shape! POUND is a full-body, easy-to-follow, power jam session, which combines light resistance with constant simulated drumming and Pilates, plyometrics and isometric movements. Burn between 300-600 calories in 30 minutes, bust stress, strengthen and sculpt your arms, abs, thighs and glutes. Have fun while drumming your way to a leaner, slimmer physique! Modifications included.

Ages: 16 yrs. & up

Days/Time/Code: Tue., 5:30-6 PM, 706306 Thur., 6:15-6:45 PM, 706600

Fees: \$28/month for 4 classes/month Drop in fee: \$10/class

Instructor: Wendy Dolan



Fine Arts

Drawing and Pastels

Drawing from basic shapes, landscapes, perspective, still life and animals. Drawings will be finished in pencil or pastels.

Ages: 6-12 yrs.

Day/Time/Code: Tue., 4:30-5:45 PM, 705218

Session/Fee: 03 (6 wks.), \$65

Instructor: Rexana Ostuni

Supplies: Bring 11"x14" drawing tablet and #2 pencils. Pastels will be supplied by the instructor.

Instructor: Rexana Ostuni

Art Class

Learn to mix colors and color theory, paint in different styles and media with acrylics and oils.

Ages: 10 yrs. & up

Day/Time/Code: Tue., 6-7:30 PM, 705202

Sessions/Fee: 03 (6 wks.), \$70

Instructor: Rexana Ostuni

Supplies: Canvas, paper or board, paint brushes (flat; small, medium and large table easel). Paint will be furnished by instructor.

Additional Info: Before taking Advanced Art Class, students must complete Drawing & Pastels.

Paint Along

Paint an ocean sunset in bright, vibrant colors in acrylic paint on a 16 x 20 canvas. Directed by instructor and painted as a group. Paint to completion.

Ages: 10 yrs. & up (adults welcome)

Session/Fee/Code: (06) \$45, 705219

Days/Times: Tue., Aug. 4, 6-9 PM

Instructor: Rexana Ostuni

Additional info: Paint and canvas will be supplied. Space is limited so register early.

Learning to Play the Guitar-NEW

Introduction to the guitar in a relaxed group environment. Basic guitar technique will include: holding, tuning, hand position, timing and learning of notes on the first three strings. You will also learn some guitar methods and theory, including, strumming reading tabs and finger picking. This is a great class for children and adults.

Age/Time/Code:

6-12 yrs., 6-6:55 PM, 705203

13 yrs & up, 7-7:55 PM, 705204

Day/Session/Fee: Tues., 03 (6 wks), \$50

Instructor: Presley Miller

Additional Info: Students must bring their own electric or acoustic guitar to class.

Belly Dance-NEW

Improv Tribal Style

In this class you will learn Improv Tribal Style belly dancing (ITS) with an introduction to the fundamentals of tribal movement, partner work, isolations, strength building, and drills for muscle memory. Geared toward new students, but vital to continuing students for refinement, this class builds a strong foundation for every dancer and is instrumental in familiarizing students with ITS format. This is a low impact dance suitable for all ages and body types.

Ages: 14 yrs. & up

Day/Time/Session: Wed., 8:15-9:15 PM, 03

Code/Fee: 709110, \$40

Instructor: Kari Perkins

Additional info: For more information go to: Tribalevolution.com

special interest

Defensive Driving

Bright Driver is a National Safety Council defensive driving course for all individuals that need an auto insurance discount and/or need to dismiss a traffic citation. This is a six hour course that can also be used as a corporate safety course to a dismiss a traffic citation anywhere in the United States.

Ages: 16 & up

Day/Time: Sat., 9 AM-4 PM

Session/Fee: 03, Mar. 7, \$35
04, Apr. 18

Class Code: 709736

Instructor: J. T. Brinson

Website: brightdriversafety.com

Clogging

Want to learn to clog? Well getting started is easy and fun. You don't need a partner or any previous dance experience. Clogging is a great multi-generational family activity. You will learn the 8 basic steps and some fun dances! Shoes and taps are required and may be ordered. We will have a shoe and tap info at the first class.

Day: Mon.

Level/Times: Beginning, 7-7:35 PM, 709221

Easy, 7:40-8:15 PM, 709220

Intermed, 8:20-8:55 PM, 709222

Advanced, 9-9:30 PM, 709223

Session/Dates 03, Mar. 2-May 18. (11 wks)
No class March 9

Fee: \$40

Instructor: John Pryor

Class Info: Beginner lessons start in March.

Ballroom Dancing-NEW

Dancing as a Star

Enjoy learning to dance with a partner in a fun-filled atmosphere. We will cover a variety of social dances including the Waltz, East Coast Swing, Foxtrot and Salsa. It's great exercise, tons of fun, easy to learn and a great way to meet new people. No partners needed! Volunteer rotation offered. A dance with me offers dance socials the second and fourth Saturday of the month where you can practice what you learn.

Ages: 14 yrs. & up

Day/Time: Thur., 8:10-9:10 PM

Code/Fee: 705503, \$45/single, \$65 couple

Sessions: 03

Instructor: Dance With Me Studio Instructor

Line Dancing-NEW

Party Dances & Country Favorites

Enjoy learning some of the most popular line dances such as the Cupid Shuffle, Copperhead Road, Ms. Jody's Thang, K-Wang and more. The popular country western line dances will also be taught such as the Cotton-eyed Joe and The Barn Dancet. It's a great workout and a fun way to meet new friends! Dress comfortably and wear shoes you can turn and spin in! Bring a bottle of water and a towel.

Ages: 14 yrs. & up

Day/Time: Tue., 7:15-8:15 PM

Code/Fee: 705306, \$45/single, \$65 couple

Sessions: 03

Instructor: Dance With Me Studio Instructor

Country & Western Style-NEW

Dancing as a Star

Enjoy learning to dance with a partner in a fun-filled atmosphere. We'll start with the two step and some waltz and finish with some east coast swing. It's a great exercise and a nice way to meet new friends. It's also a great way to get a head start on learning to dance at public dance clubs.

Ages: 14 yrs. & up

Day/Time: Thur., 7:05-8:05 PM

Code/Fee: 705305, \$45/single, \$65 couple

Sessions: 03

Instructor: Dance With Me Studio Instructor



Grapevine Fire Department Citizens Fire Academy

Discover the Grapevine Fire Department and experience the operations of firefighting and emergency medical services. Starting each February, Grapevine citizens and those who work in Grapevine, over the age of 21, are invited to attend a thirteen session academy and learn the history and organization of the Grapevine Fire Department. Experience hands-on participation with rescue tools, hose lines, and fire extinguishers.

The highlight of the academy is a Saturday trip to a fire training facility where one will experience what it is like to go into a building on fire (with full protective gear of course), extinguish the flames, and actually perform a search for victims with the thermal imaging cameras.

For more information, please contact Randie Frisinger, Deputy Chief/Fire Marshal at 817.410.8100 or e-mail Randie at rfrisinger@grapevinetexas.gov.

Days/Dates/Time: Thurs, Feb. 12-Apr. 30,
7-9 PM

Grapevine Citizens Police Academy

The Grapevine Police Department Citizens Police Academy is held twice a year, once during the spring, and once during the fall. The Academy is open to any resident, employees of the City of Grapevine and their families, free of charge. During the fourteen week academy, students will have the unique opportunity to see and interact with Police Department personnel as never before. Students will observe all of the functions of this Police Department and see its innermost workings. The class will meet on Thursdays from 6:30 PM to 9:30 PM for 14 weeks.

The goal of this academy is to strengthen communications between the department and the community we serve. To provide a safe environment, citizens and police must jointly address issues and solutions.

The Grapevine Police Department is currently taking applications for the 32nd CPA class which is scheduled to begin in mid-February 2015. For more information or to download an application, please visit grapevinetexas.gov. To complete an online application, under Departments select Police, Community Outreach and Citizens Police Academy. If you have any questions, please contact Sgt. Jason Keller at 817.410.3206 or at JKeller@grapevinetexas.gov.

Keep Grapevine Beautiful (KGVb)

The award winning KGVb programs include bi-annual waterway and park clean-ups, recycling and hazardous waste events, park renovation and beautification projects, corporate and small business team building outings and grant funding to GCISD schools. KGVb welcomes privately scheduled outings with businesses, scout, church or school groups. KGVb is an approved, non-profit organization that supports school district community service requirements. Join us for informative monthly meetings on the first Monday at 7 PM at Bessie Mitchell House. For more information, please visit kgvb.org or Facebook: Keep Grapevine Beautiful, Twitter @KGVbTexas or contact Mendie Schmidt at 817.410.3490 or at mschmidt@grapevinetexas.gov.

Sustain The Vine ...

a Business Ambassador Initiative

Sustain the Vine is a new initiative specifically designed for the businesses of Grapevine. KGVb understands and respects the immense role businesses play in keeping Grapevine beautiful. The goal of the program is to foster awareness and encourage participation in activities and programs that will reduce the amount of natural resources consumed, non-recyclable waste produced, and reduce the production of pollutants of all kinds. Working together, we believe local businesses make the difference and help us Keep Grapevine Beautiful.

The key purpose of the Sustain the Vine scorecard is to inform and educate. Businesses will be asked to answer a series of questions to help determine how they are doing in the area of sustainability. At the end of the questionnaire, a numerical score, a ranking and links to information to help learn about sustainable practices in the workplace will be provided. Business can request comparison data of other participating businesses. All participants in the program will receive recognition on the KGVb website, a certificate suitable for framing and a window decal declaring their participation in the program and the level achieved. To request inclusion in this program, email ogletree@ogletreehomes.com

Keep Grapevine Beautiful Event Schedule

April 11—Don't Mess with Texas Trash-Off

The Don't Mess with Texas Trash-Off is the single largest one-day cleanup event in the state and serves as Texas' signature event for the Great American Cleanup, the nation's largest community improvement program. Everyone can participate! Volunteers come from all walks of life. Your participation sends a clear message to Texans everywhere: The smallest efforts really do make the biggest difference. Take pride in the fact that you were part of making our great state beautiful. Join in on this event and help us make a difference. Sign up at kgvb.org.

EPIC Earth Day 2015-A KGVb Signature Event! April 18

Make plans to join us for our signature event – EPIC Earth Day 2015! This will be an extravaganza you won't want to miss. The day will include –

- a full scale eco-house with live demonstrations on how to install everything from a shower head to a thermostat to a window or a xeriscape garden
- vendor booths showcasing the latest and greatest products and services who will offer everything available for purchase
- recycling center, food, giveaways, kids' activities and much more

A complete event schedule can be found at kgvb.org. Those interested in a vendor booth or event sponsorships may contact Mendie Schmidt at 817.410.3490.



special interest

Introductory Photography

This four-session introductory photography series guides students to progress beyond taking snapshots. We begin by exploring your camera's capabilities and learn how to manually adjust for shutter speed, aperture and film speed. This series will also help you improve your understanding of composition, light, depth-of-field, and perspective. Each two-hour session includes time for practicing the concepts and techniques discussed. Students need to bring a camera and the camera manual. A digital SLR or compact camera with manual controls is essential for this class.

Day/Time: Sun., 1:30-3:30 PM

Sessions/Dates/Codes:

03, Mar.29-Apr. 26, 304701
(No class on Apr. 5)

Age: 16 yrs. & up

Fee: \$125

Instructor: Bruce Rosenstiel:

bruce@smallworldphotos.net, 817.528.5993

Intermediate Photography

This four-session intermediate photography series builds on the experience and skills learned in Introductory Photography. Each two-hour session guides students to increase their knowledge of the tools and techniques essential to creating photographs through field trips to local attractions. Students also may be introduced to an effective digital workflow using software such as Adobe Lightroom and Adobe Photoshop. The class includes time for practicing the concepts and techniques discussed. Students need to bring a camera and camera manual. A digital SLR or compact camera with manual controls is essential for this class. A tripod and a laptop with processing software loaded will be beneficial, but are not essential.

Day/Time: Sun., 4-6 PM

Sessions/Dates/Codes:

03, Mar. 29-Apr. 26, 304700
(No class Apr. 5)

Age: 16 yrs. & up

Fee: \$125

Instructor: Bruce Rosenstiel:

bruce@smallworldphotos.net, 817.528.5993

Community First Aid & Safety

This course prepares you to rescue victims who are experiencing cardiopulmonary distress. Course includes information on adult, child and infant CPR, along with first aid for a variety of conditions including bleeding, injuries to bones, muscles and joints, sudden illness, and heat and cold injuries. Successful participants earn two certificates: American Red Cross Community CPR, (valid for two years) and ARC Community First Aid (valid for two years).

Ages: 10 yrs. & up

Day/Time: Sat., 9 AM-4 PM

Fee/Code: \$77, 709702

Sessions/Dates: 03, Apr. 18

Instructor: ARC Certified Instructor

Babysitter's American Red Cross Certification

This eight-hour babysitting course covering a variety of topics including: preventing accidents and illnesses, basic first aid, reviewing choking procedures, rescue breathing and making professional decisions in babysitting. The class is 90% participation. All participants will receive a babysitting training book the day of class. There will be a 30-minute break for lunch. Please provide your own lunch, snacks and drinks.

Ages: 11 yrs. & up

Day/Time: Sat., 9 AM-4 PM

Fee/Code: \$75*, 709703

Sessions/Dates: 03, Mar. 7

Instructor: ARC Certified Instructor

*All ARC class registrations close one week prior to class start date.

Lake Grapevine Runners And Walkers Club (LGRAW)



LGRAW is a local non-profit organization dedicated to promoting running, walking and fitness in the Lake Grapevine area. Saturday and Sunday mornings are informal group runs in the Oak Grove Park area. For more information, please visit runnersandwalkers.com.

Volunteerism in Grapevine

Grapevine volunteers are great! At last count, volunteers have donated close to 2 million dollars in labor to the City of Grapevine, and we are just getting started! Volunteers handle all of the detail work that makes our city sparkle. The Grapevine city staff, from the top down, recognizes and sincerely appreciates the impact volunteers make. Call us with all your volunteer needs! We accommodate individuals or groups of any size. We've been told, it's a worthwhile experience when partnering with Grapevine. Call 817.410.3490 or email mschmidt@grapevinetexas.gov.

Grapevine Golf

3800 Fairway Drive

Offering junior and adult programs. Please call 817.410.3377 for more information.



BOTANICAL GARDENS

Children's Programs

(All classes taught by the Grapevine Garden Club and City of Grapevine Horticulturist)

Site: Pewitt Pavilion, Grapevine Botanical Gardens, 411 Ball Street

Fee/Registration: \$5, pre-registration is required

SAVE A TREE

Let's make a bird feeder to hang in the garden. We will also make a tree habitat art craft and each participant will take a tree home to plant. Session includes a story time.

Ages: 3-6 (max. 15, min. 4)

Day/Date/Time/Code: Tues., Feb. 17, 4-4:45 PM, 304705-03

CAN BUGS BE LAZY?

Hunt for ladybugs and create a ladybug craft. Session includes a story time.

Ages: 3-6 (max. 15, min. 4)

Day/Date/Time/Code: Tues., Mar. 17, 4-4:45 PM, 304706-03

EARTH DAY

Learn how to take care of the earth. Create a craft from reused materials. This session includes a story time.

Ages: 3-6 (max. 15, min. 4)

Day/Date/Time/Code: Tues., Apr. 14, 4-4:45 PM, 304707-04

BUTTERFLY GARDEN

Create and design a butterfly garden. Learn the life cycle of a butterfly and how to make it feel at home. This session includes a story time and craft activity.

Ages: 3-6 (max. 15, min. 4)

Day/Date/Time/Code: Tues., May 19, 4-4:45 PM, 304708-04

CRICKET TALK

Look at live crickets and learn how they make sound. This session includes a story time and making a cricket craft.

Ages: 3-6 (max. 15, min. 4)

Day/Date/Time/Code: Tues., Jun. 16, 4-4:45 PM, 304709-05

DIGGING DIRT

Learn about soil and what it is made from. We will create art from sand. This session includes a story time.

Ages: 3-6 (max. 15, min. 4)

Day/Date/Time/Code: Tues., Jul. 21, 4-4:45 PM, 304710-05

Tour the Garden

Docent led tours of the Garden are available at no charge; however, donations are appreciated. Adventure tours can be created for your group to reinforce specific areas of study or achievement programs. For more information, please call 817.410.3350.

Survive and Thrive Grapevine Garden Club Spring Plant Sale

Drought resistant plants for your landscape. Browse heirloom offerings from members' gardens. With hundreds of varieties to choose from, you are sure to find a plant to brighten up your garden. We will offer butterfly host and nectar plants. Proceeds benefit the Garden Club scholarship program.

Day/Date/Time: Sat., Apr. 18, 8 AM-1 PM

National Public Garden Day

Join us as we celebrate the role public gardens play in the community. Stumble upon stand alone activities designed to foster education and stewardship.

Day/Date/Time: Fri., May 8, 10 AM-6 PM



grapevine Tennis



Tournaments

All tournaments will have male and female divisions.

Adult Divisions (Men and Women)

3.0 & Below Singles	711868-11
3.0 & Below Doubles	711869-11
3.5 Singles	711850-11
3.5 Doubles	711851-11
4.0 Singles	711852-11
4.0 Doubles	711853-11
4.5 & Above Singles	711854-11
4.5 & Above Doubles	711855-11
4.0 & Above Mixed Singles	711856-11
4.0 & Below Mixed Doubles	711857-11

Junior Divisions (Boys and Girls)

12 & Under Singles	711860-11
12 & Under Doubles	711861-11
14 & Under Singles	711862-11
14 & Under Doubles	711863-11
16 & Under Singles	711864-11
16 & Under Doubles	711865-11
18 & Under Singles	711866-11
18 & Under Doubles	711867-11
14 & Over Jr. Mixed Doubles	711870-11
14 & Under Jr. Mixed Doubles	711871-11

Date: May 16

Registration Deadline: May 13

Entry Fee: \$18 singles; \$32 double team

Additional Info: Players will get start times on May 15, by visiting TNTennis.net or by calling Kelly Langdon at 817.233.5793.

Venue Alert: The Parks & Recreation Department utilizes many facilities that are not owned and/or managed by the City of Grapevine for practices and games. In some cases after our schedules are set, we may receive notice that a particular facility is no longer available for use. In the event that this occurs and there is a last minute cancellation or change, we will make every attempt to notify each team of the change and reschedule your practice or game.

Tennis Classes-All tennis activities take place at the Dove Park Tennis Courts, 1509 Hood Lane. Students need to bring a racquet and a new can of tennis balls to the first class meeting. For more tennis information contact Austin Wynne at 214.668.1619.

Pee Wee Tennis

Designed to create eye/hand coordination while learning basic techniques.

Ages: 3-6 yrs.

Sessions/Fee: 03, \$39

Day/Time/Code: Sat., 8:30-9 AM, 707740

JR. Beginner

This class is designed for the student interested in learning the technique of each tennis stroke. Each class will be divided by skill level.

Ages: 6-15 yrs.

Sessions/Fee: 03, (6 wks.), \$100

Days/Times/Codes:

Wed., 5:30-6:55 PM, 710251

Sat., 9-10:25 AM, 710750

Jr. Advanced Beginner

This class is designed for advanced beginner/intermediate players wanting to improve their skills

Ages: 6-15 yrs..

Sessions/Fee: 03, (6 wks.), \$100

Days/Time: Sat., 10:30 AM-12 PM

Code: 707704

JR. Advanced

Designed for the serious student with prior instruction. Strategy, technique and point situations will be stressed.

Ages: 6-15 yrs.

Sessions/Fee: 03, (6 wks.), \$100

Day/Time: Thur., 5:30-6:55 PM

Code: 710550

JR. Intermediate

This class is designed to offer strategy to those players competing at school or in tournaments. Techniques will continue to be developed. Players must know the scoring system.

Sessions/Fee: 03, (6 wks.), \$100

Day/Time/Code: Tue., 5:30-6:55 PM, 710350

Ages: 6-15 yrs.

NETT Junior Team Tennis-NEW

Designed for players wanting to get involved in NETT junior team tennis. Fees include practices once a week for eight weeks, league fee, and team shirt. Fee does not include UTSA membership. Team tennis matches are on Sundays. Call Austin Wynne at 214.668.1619 for more information or to register.

Age/Time: 7-18 yrs., 5:30-6:55 PM

Days: Thursdays, with matches on Sundays

Fee/Code: \$190 (8 wks), 707200

Session/Dates: 03, Mar. 7- Apr.24

Tournament Tough

This class is designed for high school level players (Jr. Varsity/Varsity). This class will emphasize strategies used in tournament competition (Zats/Champs).

Site: Dove Park, 1509 Hood Lane

Sessions/Fee: 03, (6 wks.), \$90

Day/Time/Code: Tue., 7-8:25 PM, 710351

Wed., 7-8:25 PM, 710352

Thur., 7-8:25 PM, 710353

Package/Fee/Code: Tue., Wed., Thur., \$190, 710354

Adult Classes

Ages: 15 yrs. & up (or high school skill level)

Sessions/Fee: 03, (6 wks.), \$100

Adult Beginner: Designed to teach the basic strokes and techniques. Strategy will be discussed if applicable.

Day/Time/Code: Beg./Wed. (lower courts), 7-8:25 PM, 710252

Adv. Beginner/Intermediate:

Day/Time/Code:

Adv. Beg./Int.: Thur., 7-8:25 PM, 710551

Women

Ages: 18 yrs. & up

Fee: (6 wks.), \$100

Beginner:

Days/Times/Sessions/Codes:

Wed., 11 AM-12:30 PM, 03, 710451,

Fri., 11 AM-12:30 PM, 03, 710652

Advanced Beginner/Intermediate:

Day/Time/Sessions/Code:

Wed., 9:30-10:55 AM, 03, 710450

Fri. 9:30-11 AM, 03, 710650

youth Sports

Spring/Summer Youth Basketball League

Registration: Mar. 1-22

Late Registration: Mar. 23-31*

No residency restrictions. First come, first served. Limited space available. *Beginning Mar. 23, a 10% late fee will be added to both individual and team registration.

Game Site/Days: GCISD facilities/Saturdays

Ages: As of Sept. 1, 2014

Divisions:

Boys Indiv. (Division II)		Girls Indiv. (Division II)	
8 & under	612700-12	8 & under	612706-12
10 & under	612701-12	10 & under	612707-12
12 & under	612702-12	12 & under	612708-12
14 & under	612703-12	14 & under	612709-12

Boys Team (Division I)		Girls Team (Division I)	
8 & under	612712-12	8 & under	612718-12
10 & under	612713-12	10 & under	612719-12
12 & under	612714-12	12 & under	612720-12
14 & under	612715-12	14 & under	612721-12

Fee: \$90/individual* (resident)
\$100/individual* (non-resident)
(individual fee includes jersey)
\$495/team* (resident)
\$515/team* (non-resident)

Coaches' Meeting and Practice Sign-up:

All teams must turn in their roster and a copy of each player's birth certificate at the coaches' meeting on Sat., Apr. 11, 9-11 AM, Cross Timbers Middle School, 2301 Pool Road, Grapevine.

Practices begin: Week of Apr. 19, practices will be held at local GCISD facilities Mon.-Thur. Coaches will sign-up for their team's practice site and time.

Season dates: Apr. 25-Jun. 27

Youth Basketball Fall League

Coming in October! Boys and Girls Teams 8 & Under, 10 & Under, 12 & Under, and 14 & Under.

Girls' Spring Youth Volleyball

An introductory program for young girls learning the game in a league setting. You may sign-up individually or bring in your own team. Practice sites are available and league games are on Saturdays.

Registration: Feb. 1-17

Late Registration: Feb. 18-23*

Ages: As of Sept. 1, 2014

Divisions:

Girls' Individual	Girls' Team
8 & under 612406-11	8 & under 612407-11
10 & under 612400-11	10 & under 612403-11
12 & under 612401-11	12 & under 612404-11
14 & under 612402-11	14 & under 612405-11

Fees: \$70-Individual Resident, \$80 (Non-Resident)
\$330-resident team, \$350-non-resident team

*Beginning Feb. 18, a 10% late fee will be added.

Rosters and copy of birth certificates are due at time of coaches' meeting!

Coaches' Meeting: Sat., Mar. 7, 9:30 AM, GMS, 301 Pony Pkwy.

Practices begin: The week of Mar. 8

Season dates: Mar. 21-Apr. 25

Additional Info: Practices will be held at local GCISD facilities Sun.-Thur. Coaches will sign-up for their team's practice site and time at the coaches' meeting. Jerseys are provided for the individual division only. This is a six-week league. For more information, please call 817.410.3450 or visit playgrapevine.com.

Register online at
playgrapevinereg.com

Girls' Summer Youth Volleyball

Registration: May 20-Jun. 2

Late Registration: Jun. 3-9*

Ages: As of Sept. 1, 2014

Divisions:

Girls' Individual	Girls' Team
8 & under 612406-12	8 & under 612407-12
10 & under 612400-12	10 & under 612403-12
12 & under 612401-12	12 & under 612404-12
14 & under 612402-12	14 & under 612405-12

Fees: \$70-Individual Resident, \$80 (Non-Resident)
\$330-Resident Team \$350-Non-Resident Team

*Beginning Jun. 3, a 10% late fee will be added.

Rosters are due at time of the coaches' meeting!

Coaches' Meeting: Sat., Jun. 13, 9:30 AM, GMS, 301 Pony Pkwy.

Practices begin: The week of Jun. 21

Season dates: Jul. 11-Aug. 15

Additional Info: Practices will be held at local GCISD facilities Sun.-Thur. Coaches will sign-up for their team's practice site and time at the coaches' meeting. Jerseys are provided for the individual division only. This is a six-week league. For more information, call 817.410.3450 or visit playgrapevine.com.

Venue Alert: The Parks and Recreation Department utilizes many facilities that are not owned and/or managed by the city of Grapevine for practices and games. In some cases after our schedules are set, we may receive notice that a particular facility is no longer available for use. In the event that this occurs and there is a last minute cancellation or change, we will make every attempt to notify each team of the change and reschedule your practice or game.



GRAPEVINE - COLLEYVILLE YOUTH FOOTBALL AND CREEK
MUSTANG PANTHER

Information and Registration at GCYFA.org

Spring 2015 – 7-on-7 Touch Football Season

Season dates: Mid April through early June

Registration: Online in late January

- Non-contact and no tackle football
- Players play in divisions based on school grade (2014-2015 school calendar) 1st. thru 8th grade
- Player eligibility: Must be a Grapevine or Colleyville resident and/or attend GCISD school
- Other Associations participating in the league include Southlake, Northwest, Trophy Club/Roanoke, and Coppel

Fall 2015 – Football Season

Tackle Divisions: 2nd grade thru 6th grade in Fall 2015

Flag Division: Kindergarten thru 1st grade in Fall 2015

Season dates: September thru early November

Registration: Online in April

- Players play in divisions based on school grade (2015-2016 school calendar)
- Player eligibility: Must be a Grapevine or Colleyville resident and/or attend GCISD school
- Other Associations participating in the league include Southlake, Northwest, Trophy Club/Roanoke, and Coppel

Grapevine Gazelles Track Team

Our mission is to teach boys and girls ages 5 to 18 about track and field. We promote a fun atmosphere in which to train. Access to track meets will allow experience and the thrill of competition and teamwork.

Ages: 5-18 yrs.

Information & Registration:

coachsuperg@gmail.com

Additional Information: This team competes under USATF, AAU, and TAAF rules.

Grapevine Baseball Softball Association

Recreational Baseball & Softball

Ages 3-18

Select Baseball ages 8-18 yrs. (must attend tryouts and subsequently be selected for a team).

Select Softball ages 10-18 (must attend tryouts and subsequently be selected for a team).

Spring Registration: Online registration will begin in December at gbsa.org. If registering online, please have credit card available. If mailing registration form with a check, mail to GBSA – Registration, P. O. Box 1732, Grapevine, TX 76099.

Fall Registration: Online registration will be begin in June at gbsa.org. If registering online, must pay with credit card. If mailing downloaded registration form and check, mail to: GBSA – Registration, P. O. Box 1732, Grapevine, TX 76099.

For more information, please visit gbsa.org or contact us at 817.329.5505.

Sign-up for our mailing list at gbsa.org to be informed of registration dates, select tryouts, rainouts, and other important information.

Venue Alert: The Parks and Recreation Department utilizes many facilities that are not owned and/or managed by the City of Grapevine for practices and games. In some cases after our schedules are set, we may receive notice that a particular facility is no longer available for use. In the event that this occurs and there is a last minute cancellation or change, we will make every attempt to notify each team of the change and reschedule your practice or game.



Grapevine Youth Wrestling (GYW)

GYW is the newest association in town. Come out and join them during workouts. They practice on Mondays, Tuesdays and Thursdays in the fall and winter.

Site: GCISD Facilities

Days/Time: Mon., Tue. and Thur., 6:30-8 PM

Coach: Leon Leal

Additional Info: For more information, please contact Waymon at 817.913.3846 or waymon.may@gmail.com

Grapevine-Southlake Soccer Association

Recreational Soccer for ages 4-18



Fall Season: Late Aug. through mid-Nov.

Spring Season: Late Feb. through early May

Registration: Jun./Jul. for Fall,

Dec./Jan. for Spring

Additional Info: gssasoccer.org, 817.410.9950

Soccer is a sport that focuses on teamwork rather than emphasizing individual performance. Grapevine-Southlake Soccer Association promotes recreational soccer, where children of all abilities and experience levels are encouraged to participate. Teams are coached by volunteer parents and may practice one or two evenings per week (depending on age). A minimum of eight games are played each season, mostly on Saturdays.

Soccer Camp Dates/Times

Mar. 9-12, 9-11:30 AM

Jun. 8-11, 9-11:30 AM

Jul. 6-9, 9-11:30 AM

Aug. 3-6, 9-11:30 AM

Site: Oak Grove Park

Fee: \$100

*Register for soccer camps through gssasoccer.org or by calling 817.410.9950.

NEW-GSSA is offering Adult Leagues!



adult Sports

Register online at playgrapevinereg.com

Men's Basketball

Days/Divisions/Codes:

Mon. Recreational 611200
Wed. Recreational 611400

Game Site: Cross Timbers Middle School,
2301 Pool Road

Ages: 16 yrs. & up

– Spring (Section 12)

Registration: Mar. 15-22

Late Registration: Mar. 23-25*

Fee Per Team: \$360

Team Packets: Available online Apr. 2,
after 12 PM

Season Dates: Apr. 6-Jun. 17

Indoor Volleyball (Section 12)

Divisions/Codes:

Wed.-Coed "For Fun", 611404
Thur.-Coed "Recreational", 611504

Site: Cross Timbers Middle School

Ages/Fee: 16 yrs. & up/\$175 per team

Registration: Jan. 25-Feb. 1

Late Registration: Feb. 2-9*

Team Packets: Available online Feb. 12,
after 12 PM

Season Dates: Feb. 18-Apr. 2

Indoor Volleyball (Section 13)

Ages/Fee: 16 yrs. & up/\$175

Day/Code: Tue., 611204

Division: Tue.-Coed Open, 611204

Site: Cross Timbers Middle School

Registration: Mar. 22-29

Late Registration: Mar. 30-Apr. 6*

Team Packets: Available online Apr. 9,
after 12 PM

Season Dates: Apr. 14-Jun. 9

Softball

Divisions/Codes/Fees:

Sun.	Coed For Fun	611101	\$190
	Men's D	611102	\$340
	Men's E	611104	\$340
	Men's Super D	611105	\$340
Mon.	Coed Rec.	611201	\$340
	Coed Comp.	611202	\$340
Tue.	Men's Church Rec.	611301	\$340
	Men's D	611303	\$340
Wed.	Men's D	611401	\$340
	Men's E	611402	\$340
	Men's Super E	611406	\$340
Thur.	Men's Super D	611501	\$340
	Men's D	611502	\$340
Fri.	Coed Rec.	611600	\$340
	Men's E	611601	\$340

Game Site: Oak Grove Ballfield Complex,
2520 Oak Grove Loop South

Ages: 16 yrs. & up

– Spring (Section 11)

Registration: Jan. 25-Feb. 1

Late Registration: Feb. 2-9*

Team Packets: Available online Feb. 12,
after 12 PM

Season Dates: Feb. 22-Apr. 24

Flag Football

– Spring 4 on 4 (Section 12)

Registration: Feb. 15-22

Late Registration: Feb. 23-Mar. 2*

Day/Code: Tue., 611302.

Fees: \$255 per team

Team Packets: Available online Mar. 5,
after 12 PM

Season Dates: Mar. 10-Apr. 28

– Spring 8 on 8 (Section 13)

Registration: Feb. 22-Mar. 1

Late Registration: Mar. 2-9*

Day/Code: Sun., 611103

Fees: \$335 per team

Team Packets: Available online Mar. 13,
after 12 PM

Season Dates: Mar. 15-May 17

Sand Volleyball

Days/Divisions/Codes:

Wed.-Coed "For Fun", 611403

Thur.-Coed "Recreational", 611503

Site: Dove Park Sand Court, 1509 Hood Lane

Ages/Fee: 16 yrs. & up/\$170 per team

– Spring (Section 11)

Registration: Mar. 22-29

Late Registration: Mar. 30-Apr. 6*

Team Packets: Available online Apr. 9,
after 12 PM

Season Dates: Apr. 13-Jun. 25 (10 wk. season)

Coed Kickball-NEW

Game Site: Oak Grove Softball,
2700 Dove Loop Lane

Ages: 16 yrs. & up

Days/Divisions/Code:

Mon., Coed Recreational, 611701

– Spring (Section 11)

Registration: Jan. 25-Feb. 1

Late Registration: Feb. 2-9*

Fee: \$340

Team Packets: Available online Feb. 13,
after 12 PM

Season Dates: Feb. 23-Apr. 27

Venue Alert: The Parks & Recreation Department utilizes many facilities that are not owned and/or managed by the City of Grapevine for practices and games. In some cases after our schedules are set, we may receive notice that a particular facility is no longer available for use. In the event that this occurs and there is a last minute cancellation or change, we will make every attempt to notify each team of the change and reschedule your practice or game.

***Late Registration Fee:**
All adult leagues are
subject to a 10% late
registration fee.

Adult Athletics Staff:

817.410.3472

Rainout Hotline:

817.410.3475 after 3:30 PM

For schedules and standings:

playgrapevine.com

Registration Information:

Space is limited. First come, first served!

SUMMER CAMPS

CAMP EXCURSION “GET OFF THE COUCH WEEK!”-NEW

This camp is designed for the adventurer inside everyone of us. This camp will take each participant on a different excursion each day. Please have your camper at the location of the excursion 15-20 minutes before the start so that they can be checked in. Campers need to wear the appropriate attire for each day. Space will be limited so register early. Get ready for a week of adventure and fun!

Ages: 9-16 yrs.

Days/Time: Mon-Thur., 9 AM-12 PM, *Fri., 9 AM-1 PM (Lunch Provided)

Dates/Code: June 15-19 703973-05, July 20-24, 703974-05

Fee: \$165

Additional Info: Please wear appropriate attire for each excursion. Friday's excursion is 9 AM-1 PM and lunch will be provided. Life jackets will be required and provided for paddle boarding and kayaking

Kayaking: Monday, 9 AM–12 PM

Meadowmere Park, 3000 Meadowmere Grapevine, TX

Kayaking is a fast growing and diverse sport that all ages can learn. In this one day adventure campers will learn basic kayaking. Campers will learn six strokes to move your kayak in any direction. They will also learn safety on the water, how to transport, carry and enter/exit the boat and most importantly, how to get back in if you fall out! Classes taught by American Canoe Association certified instructors. All boats and gear are provided. Please wear appropriate attire for getting wet.

ATKids Adventure Day: Tuesday, 9 AM–12 PM

Meadowmere Park, 3000 Meadowmere Grapevine, TX

Your best summers as a child weren't spent in front of the TV, at the controls of an arcade game, or in the soda and chips aisle of Walmart. Every child needs an adventurous summer, full of outdoor games and thrilling activities like kayaking, baseball, painting, swimming, nature walks, archery, and more! Summer camp is where friendships are formed and memories are made. Some may last a lifetime!

Paddle Boarding: Wednesday, 9 AM–12 PM

Meadowmere Park, 3000 Meadowmere Grapevine, TX

This intro to Stand up Paddle excursion will provide you with basic techniques needed to safely paddle, stand up and balance. We will cover wind, weather and water conditions. You will learn turning, sculling, drawing and multiple paddle techniques. In addition we'll discuss board selection and paddle sizing. You will leave the lesson with all the skills necessary to paddle with confidence. Please wear appropriate attire. A certified lifeguard will be provided.

Summit Climbing: Thursday, 9 AM–12 PM

1040 Mustang Dr. Grapevine, TX

This camp excursion will teach campers all about rock climbing. Campers will learn climbing skills such as technique, gear usage and safety, climbing routes, bouldering and strength/endurance. Many other life skills will be influenced as well, such as team work, problem solving, trust, concentration and communication.

Main Event: Friday, 9 AM–1 PM

407 West State Hwy 114 Grapevine, TX

Campers will learn bowling FUNDamentals and have 1.5 hours of bowling fun. Bowling shoes will be provided. Video game play and other activities will be available for the campers. Each camper will receive a cool camp t-shirt and lanyard. Lunch will be provided to all campers: entrée, drink & cookie (build your own pizza).

SUMMER CAMPS

Be a Magician!-NEW

Master simple sleight-of-hand and illusion effects to amaze your family and friends! Designed for children 8-12 years of age, this beginner magic course is taught by professional magicians from the Illusion Warehouse magic shop in Ft. Worth. A combination of magic tricks that use everyday objects from around the home as well as effects from the magic shop will be taught. The course helps children learn presentation and theatrical skills, and the ability to speak and perform in front of a live audience. On the last day, students will perform a magic show using the tricks and skills they have learned during the five day long week camp.

Ages: 8-12

Fee: \$150

Dates/Time/Code:

June 22-26, 9 AM-12 PM, 703971-05

July 13-17, 9 AM-12 PM, 703972-05

Instructors: Bruce and Bronson Chadwick

Additional Info: Each camper will get to take a beginner's magician's kit home with them.

Art Camp-NEW

In this camp students will learn to mix colors and make a color wheel, work with water colors and acrylic paints and paint as a group directed by instructor. Subjects such as flowers, landscapes and animals will be drawn/painted. All supplies will be furnished.

Ages: 6-12

Dates/Time/Fee/Code:

June 22-26, 10 AM-12 PM, \$140, 703975-05

July 27-31, 10 AM-12 PM, \$140, 703976-05

Instructor: Rexana' Ostuni

Glamour Girls

Spend a week creating your own beauty products! You will learn to make your own lip balm, nail polish, fancy bath soap, bath bombs and more. Students will create their own specialized shades and scents, even adding glitter. Students will also learn three creative nail polish techniques.

Ages: 6-12 yrs.

Dates/Time: Aug. 3-7, 2-4 PM

Code/Fee: 703995-05, \$160

Instructor: Elizabeth Mellott & Laurel Derr

The REC SUMMER CAMP 2015

This is the best way to spend your summer. Campers are led in activities planned for them each week. Campers will be taken on an offsite field trip twice a month. The three sessions offered coincide with the GCISD School summer break. Two classes per session, meet five times per week (M-F). Get ready for the best summer ever!

Ages: 7-12.

Sessions/Fees: 06, June 4-30, \$185

07, July 1-31, \$185

08, Aug. 3-21, \$170

Time/Codes: 8 AM-12:30 PM, 703924

1:30-6 PM, 703925

Note: The field trips cost and camp t-shirt fee is not included in the camp fee. Camp t-shirts are \$10 per shirt and will be sold during camp.

Camp t-shirts are required to go on field trips. A maximum of three HERO candidates allowed per session. Campers must bring a sack lunch if staying the entire day. Please provide your camper with a daily snack. Campers should not be dropped off before 7:45 AM.

RARE Learning Go-Getter's Summer Enrichment Program-1st to 4th grade

With a strong focus on individualized curriculum in reading, math and science, RARE classes are geared towards giving students a head start in the grade level that they are entering, and helping to prevent summer learning loss.

Ages: 6-9 yrs.

Day/Time: Tue./Thur., 1-4 PM

Fee: \$99/2 wks.

Dates/Codes:

Jun. 9-18, 709471-05

Jun. 23-Jul 2, 709472-05

Jul. 7-16, 709473-05

Jul. 21-30, 709474-05

Aug. 4-13 709475-06

Additional Info: \$10 supply fee payable to the instructor, due first day of each session. Please bring a snack. For more information or to inquire about our sibling and referral discounts, please call 972.567.1771 or email info@rarelearning.com

Everything Chocolate

In this camp you will become skilled in making and decorating chocolates. You will create (and decorate) filled chocolates, dipped chocolates and dropped chocolates. You will create edible art pieces, including peanut butter cups, coconut haystacks and peanut drops.

Ages: 6-12 yrs.

Dates/Time: Jul. 20-24, 2-4 PM

Code/Fee: 703990-05, \$160

Instructor: Elizabeth Mellott & Laurel Derr

Film-Making Camp

This is a five day video production camp that teaches digital video filming, editing and production techniques. It is designed to generate an interest in critical observation and communications by engaging 9-15 year olds in film-making projects. Students will complete a film as a group project and will "premier" the film for the parents on the last day of class. All supporting materials are supplied.

Ages: 9-15 yrs.

Dates/Time/Code:

Jun. 22-26, 1-4 PM, 703931-05

Jul. 27-31, 1-4 PM, 703935-05

Fee: \$149

Instructor: RARE Learning

For more information 972.567.1771
or info@rarelearning.com
or filmmakingforfun.com

Digital Photography Camp

Digital photography camp by RARE Learning is a specialized program that will introduce the student to the art of photography. Learn about the introductory aspects of digital photography including composition, lighting a subject, use of lenses, and digital editing.

Ages: 9-15 yrs.

Dates/Time/Code:

Jun. 8-12, 1-4 PM, 703926-06

Aug. 3-7, 9 AM-12 PM, 703927-06

Fee: \$149

Instructor: RARE Learning

SUMMER CAMPS

MAD SCIENCE CAMPS

Claws, Codes & Comets

Take a new look at the world around you during this exciting summer camp! Learn how to create codes so you can pass secret messages, protect the planet, understand how to eat like different animals and learn about space during class.

Ages: 3-6 yrs

Dates/Time/Fee/Code:

June 8-12, 9 AM-12 PM, \$155, 703982-05

Instructor: Mad Science

Let's Get Growing

Mad Science invites you to play in the garden in this exciting camp. Dissect soils and seeds. Investigate sun, wind and rain. Make your own sun visor. Explore living plants and leaves and discover the art of rubbings. See and make different bugs and creepy crawlers. Explore the life of a caterpillar. Finally make a mural of the garden with your fellow campers.

Ages: 3-6 yrs

Dates/Time/Fee/Code:

June 8-12, 1-4 PM, \$155, 703919-05

Instructor: Mad Science

Red Hot Robots

Join us in red-hot robot exploration! Discover inner workings of robots, experimenting with circuits, sensors and power supplies. Explore sound sensing, line tracking and solar power robots. Become a robot engineer, building your own robot to keep!

Ages: 7-11 yrs

Dates/Time/Fee/Code:

June 22-26, 9 AM-12 PM, \$165, 703985-05

Instructor: Mad Science

STEM Genius: Science & Tech

This summer dig into STEM to be even smarter when you go back to school. Team up with friends to strengthen your understanding of Science (Understanding Nature) and technology (modifying the world to improve human comfort).

Ages: 7-11 yrs

Dates/Time/Fee/Code:

June 22-26, 1-4 PM, \$155, 703912-05

Instructor: Mad Science

Forensic Lab a la CSI

Join in CSI style forensics in a hands-on look at crime scenes. Identify and collect evidence from finger prints to trash! Recreate the scene of a crime using clues. Detect suspects using science in this investigation into the science of sleuthing.

Ages: 6-10 yrs

Dates/Time/Fee/Code:

June 29-July 3, 9 AM-12 PM, \$155, 703986-05

Instructor: Mad Science

Rockin' Rockets

It's a bird! It's a plane! No, it's everything from the earliest flying machines to the first rocket flight. Mad Science invites you to launch your knowledge of rockets. This is your chance to be a rocket scientist as you build your very own rocket.

Ages: 6-10 yrs

Dates/Time/Fee/Code:

June 29-July 3, 1-4 PM, \$155, 709387-05

Instructor: Mad Science

Eureka

While Thomas Edison said invention is 10% inspiration and 90% perspiration, this camp is 100% fun! With a little ingenuity, campers overcome challenges using basic materials, simple machines, tips from famous inventors and most important—their MIND.

Ages: 6-10 yrs

Dates/Time/Fee/Code:

July 6-10, 9 AM-12 PM, \$155, 703993-05

Instructor: Mad Science

Earth: The Amazing Planet

Science is all around us: deep in the earth to high in the sky! Protect our awesome planet, make recycled paper and experiment with pollution solutions. Investigate animals and make a cast of a animal footprint to keep.

Ages: 6-10 yrs

Dates/Time/Fee/Code:

July 6-10, 1-4 PM, \$155, 703994-05

Instructor: Mad Science

Mad Science All-Stars

You are chosen to participate on the Mad Science ALL star team! Your team will build super structures, create volcanic eruptions and examine volcanic-magma rock. Soar high above as you build a glider and experiment with lift and aerodynamics.

Ages: 6-10 yrs

Dates/Time/Fee/Code:

July 13-17, 9 AM-12 PM, \$155, 703980-05

Instructor: Mad Science

Bubbles, Smoke, Explosions

Have fun with chemistry at an exciting camp! Make a crystal garden and synthesize your own slime. Learn about our solar system, making a comet with everyday items. Have a shocking time with a Van de Graaff generator and experience lighting up close

Ages: 6-10 yrs

Dates/Time/Fee/Code:

July 13-17, 1-4 PM, \$155, 703913-05

Instructor: Mad Science

Rocket Ride to Space

Blast-off your knowledge of flight! This camp is an exciting study on rockets. Campers build their own rocket and planes, experiment with propulsion systems, launch and recover rockets. Each day campers create amazing things to take home.

Ages: 6-10 yrs

Dates/Time/Fee/Code:

July 27-31, 9 AM-12 PM, \$155, 703991-05

Instructor: Mad Science

Robot Mania

Learn all about robotics in our world today and how technology will continue to affect our future! Discover robots of all kinds: sound-sensing, line-tracking, amphibious, even soccer-playing. During camp, build your very own working robot to keep.

Ages: 6-10 yrs

Dates/Time/Fee/Code:

July 27-31, 1-4 PM, \$165, 703918-05

Instructor: Mad Science

Inventions Galore

Creative Contraption Warning! Inspire the scientist in you in a camp designed by you — the Inventor! Each day, overcome a series of challenges using your mind. Investigate the awesome inventions created before modern science began.

Ages: 6-10 yrs

Dates/Time/Fee/Code:

Aug. 3-7, 9 AM-12 PM, \$155, 703928-05

Instructor: Mad Science

Secret Agent Lab

Learn to spy- oh, my! James Bond? MacGyver? Do you have what it takes to discover "who done it"? If so, this camp is for you. Explore secret communications, detective crime science, inner workings of our cells and cool chemistry.

Ages: 6-10 yrs

Dates/Time/Fee/Code:

Aug. 3-7, 1-4 PM, \$155, 703914-05

Instructor: Mad Science

SUMMER CAMPS

KEEP CALM & CAMP-NEW CHARACTER AWARENESS WHILE MOTIVATING YOUNG PEOPLE Building Leadership Through "Camp"

Looking for something fun for your teen to do this summer instead of staying at home? Join our friendly staff as campers enjoy a fun filled summer by going on fun trips throughout the DFW area. This camp is designed to help mold young adults into leaders all while having fun at the same time. As a team, working together, campers will do one community service project a week. This will help build team work, character, community spirit and awareness, caring hearts, responsibility and much more. Campers will also receive a letter of appreciation for all community service hours they complete during the summer.

The **Teen Camp** van will leave for field trips by 9 AM and return around 4 PM. Campers can be dropped off between 7:30 AM–9 AM and picked up between 4–6 PM. During this time campers can hang out in our game room until heading out for the day or waiting to be picked up at the end of the day. Please provide your teen with lunch money or a packed lunch. You may also want to provide them with a few extra dollars for spending. The admission for each field trip is included in the registration fee.

Field trips will include: Six Flags, Main Event, Burger's Lake, Ft. Worth Zoo, Skate Town, Perot Museum, Dallas Aquarium, Mountasia, Summit Rock Climbing, Planetarium, Hawaiian Falls, Grapevine Mills Mall, Bass Pro, Cabelas, Frisbee Golf, Glade Pool, Dove Water Park, Ft. Worth Museum of Science & History, the Movies and much much more!!! Parents will receive a weekly schedule of trips for that week on the Friday before. * All trips are subject to change.

Ages: 12-15 yrs.

Dates/Time/Code: Jun. 8-12, 9 AM-4 PM, 709002-05
Jun. 15-19, 9 AM-4 PM, 709003-05
Jun. 22-26, 9 AM-4 PM, 709004-05

Jun. 29-Jul. 3, 9 AM-4 PM, 709005-05
Jul. 6-10, 9 AM-4 PM, 709006-05
Jul. 13-17, 9 AM-4 PM, 709007-05

Jul. 20-24, 9 AM-4 PM, 709008-05
Jul. 27-31, 9 AM-4 PM, 709009-05
Aug. 3-7, 9 AM-4 PM, 709010-05

Fee: \$175/week

Additional Info.: Each camper must purchase at least one camp t-shirt (\$10) for field trips.

Video Game Design

This camp provides students with a fun interactive look at the world of video game design and development. Students enrolled in this camp will learn the basics of video game design and produce several different interactive video games to share with their friends and family.

Ages: 10-17 yrs.

Days/Fee: Mon.-Thurs., \$175

Dates/Time/Code:

July 6-9, 1-4 PM, 703921-05

July 13-16, 9 AM-12 PM, 703923-05

Instructor: Youth Tech Inc., youthtechinc.com

Robotics

This camp offers hands-on opportunities to build and program robots. Working in small teams, students will design robotic systems to compete in fun real-world activities. Each day will be a new challenge, and your team's robot will have to morph to better adapt and compete. Students will compete in the battle of the bots competition at the end of the camp to prove their robot is the best.

Ages: 10-17 yrs.

Days/Fee: Mon.-Thurs., \$165

Dates/Times/Code:

July 13-16, 1-4 PM, 703922-05

Instructor: Youth Tech Inc., youthtechinc.com

YOUTH TECH

Animation

In this camp students will learn the basics of animation and digital design. Students who enjoy going to various sites to see fun interactive animations will love this course. This camp will utilize Adobes award winning animation software in Adobe Flash. Students will create fun interactive animations that they can share with the world.

Ages: 10-17 yrs.

Days/Fee: Mon.-Thurs., \$165

Dates/Time/Code:

July 6-9, 9 AM-12 PM, 703987-05

Instructor: Youth Tech Inc., youthtechinc.com

3D Game Design-NEW

Video Game Design is a prerequisite for this camp. This camp offers an interactive look at the world of 3D game design. This awesome 3D video game design camp offers the chance for students to create and immerse themselves in a 3D world. If you are looking to design professional 3D games that both look and feel just like the ones you play at home, then you don't want to miss this course.

Ages: 10-17

Days/Fees: Mon.-Thurs., \$160

Dates/Time/Code:

July 27-30, 1-4 PM, 703992-05

Instructor: Youth Tech Inc., youthtechinc.com

Web Design

This camp provides an in-depth look at the world of web design and development. Students enrolled in this camp will learn how to build their own website from start to finish using an award winning suite of products. Students will have access to their website with free hosting for one year.

Ages: 10-17 yrs.

Days/Fee: Mon.-Thurs., \$160

Day/Time/Code:

July 27-30, 9 AM-12 PM, 703920-05

Instructor: Youth Tech Inc., youthtechinc.com

SUMMER CAMPS

FAST FORWARD

Lego Logo

Lego Logo brings technicians into a creative, engineering environment. Not found in stores, the special Lego Logo kits provide extraordinary opportunities for hands-on construction. Under the guidance of a certified educator, along with detailed technical plans to follow, the participants will build robots, race cars, four by four trucks, cranes, pulleys, levers and more during this energized week of discovery with Lego.

Ages: 8-12 years

Dates/Times/Code:

July 20-24, 9-11 AM, 703907-05

Fee: \$100

Instructor: Fast Forward

Lego Designer

Come and exercise your Lego skills here in ways you haven't done before! The unique collection of lego kits will captivate young minds. Careful guidance from the teacher will allow students to flourish with ideas and overcome obstacles. Individual and team projects will provide opportunities for your child to expand their creativity and social skills as they work toward common goal

Ages: 4-7 years

Dates/Times/Code:

July 20-24, 11:30 AM-1:30 PM, 703909-05

Fee: \$100

Instructor: Fast Forward

Lego Mania

No building can say "Lego my Lego!" when engaged in the creative activities of LEGO MANIA! "Zillions" of pieces ensure that there is always enough for everyone! This innovative program for Lego buffs provides opportunities for imagination and hands-on learning under the guidance of a certified educator. Over 15 new games, projects and activities not found in stores will be planned and manipulated. Children will have the opportunity to construct dinosaurs, rockets, castles, airplanes and much more!

Ages: 4-7 years

Dates/Times/Code:

July 20-24, 11:30 AM-1:30 PM, 703910-05

Fee: \$100

Instructor: Fast Forward

Lego Expert

So you say you have done it all with Lego? Let Lego Expert teach you otherwise! Activity based projects that will incorporate physical science and math all into one. Instructors will facilitate, but students will do the creating! Give your creation the most torque and battle in the robotic tournaments. Real world team building activities will enhance their engineering skill sets. Race against the clock and other teams to be the best Lego expert around!

Ages: 8-12 years

Dates/Times/Code:

July 20-24, 9-11 AM, 703906-05

Fee: \$100

Instructor: Fast Forward

Survival Tactics Camp (NEW)

Wrapped in games and adventure, unique challenges await you. During survival situations, the four basic needs become shelter, water, fire and food. By introducing basic techniques, your child will learn how to purify water, signal for help, search for edible food, set up shelter, learn army chants, plus much more! Team survival games will keep the training light and fun. Enlist now before it's too late.

Ages: 8-12 years

Dates/Times/Code:

July 20-24, 2-4 PM, 703989-05

Fee: \$100

Instructor: Fast Forward

LEAP Academy

Boys and girls leap ahead with hands-on math, reading and science. Creative learning fun! Designed to inspire creations of things past, present and future. You will explore dinosaurs, prehistoric volcanoes, animals, food, transportation and our solar system. Artistic and social development will engage daily creations. Endless tracks and obstacle courses await every Hot Wheel's car lover as they discover the world of math and physical science.

Ages: 5-7 years

Dates/Times/Code:

June 15-19, 9-11 AM, 703981-05

Fee: \$100

Instructor: Fast Forward

Fashion Designer

Young girls graduate from playing dress up to designing their own fashions by using the professional design principles including basic sketching techniques, coordinating colors for the best effect, and mixing textures and patterns for scale and perception. Designs come to life with beautifully patterned papers, ribbons, sequins, jewels and oodles of other embellishments. No sewing in this class.

Ages: 8-12 years

Dates/Times/Code:

June 15-19, 11:30 AM-1:30 PM, 703901-05

Fee: \$100

Instructor: Fast Forward

Camp Barbie

You and Barbie will have a great time learning to dress for the occasion, practicing good manners, making new friends, importance of school work, how to use money, dreaming of careers, attending social functions, hearing great stories, practicing talents, cooking tips, art and much more!

Ages: 4-8 years

Dates/Times/Code:

June 15-19, 11:30 AM-1:30 PM, 703983-05

Fee: \$100

Instructor: Fast Forward

Gifted and Talented Expressions

Plan, create and construct a series of projects. Explore new challenges every day. Discover left and right brain experimentation. Sharpen visual and auditory skills. Creating a picture scrapbook, a superhero comic strip, artwork, jewelry and fashion creations are just some of the remarkable make and takes that you will produce to EXPRESS yourself!

Ages: 8-12 years

Dates/Times/Code:

June 15-19, 2-4 PM, 703996-05

Fee: \$100

Instructor: Fast Forward

Look at Me, I'm an Author!

Whether your child struggles in writing or loves it, they will enjoy this class! Designed for all levels of writing. The scaffold instruction will make writing fun. Although grammar will be touched upon, the main focus is writing with voice in all genres from descriptive, narrative and informational.

Ages: 8-12 years

Dates/Times/Code:

June 15-19, 2-4 PM, 703984-05

Fee: \$100

Instructor: Fast Forward

spring & summer camps

REGISTRATION BEGINS FEB. 15

Higher Goals Basketball Camps

Camp	Dates	Time	Age	Code	Site	Fee
Basketball Camp	Jun. 15-19 Jul. 13-17 Aug. 10-14	9 AM-12 PM	7-16 yrs.	603921-11 603921-12 603921-13	TBA	\$150

Camp featuring: 11-year NBA player Greg Buckner and former/current professional and college players!

Camp schedule will include: daily detailed work in ball handling, shooting, rebounding, defense and passing. Camp will include daily life skills and basketball 101 sessions. Camp awards distributed!

Tennis Camps

Pee Wee	Mon.-Thur.	10 - 10:25 AM	4-7 yrs.	703950	Dove Tennis Courts	\$25	Designed to create eye/hand coordination while learning basic techniques.
Junior Beginner	Mon.-Thur.	10:30 - 11:55 AM	6-15 yrs.	703951	Dove Tennis Courts	\$80	Designed to teach all basic strokes in a fun, easy-to-learn manner.
Junior Beginner Tennis and Swim	Mon.-Thur.	10:30 AM - 1:25 PM	6-15 yrs.	703952	Dove Tennis Courts	\$100	Includes one and a half hours tennis instruction, a half hour lunch and one hour at Dove pool. Bring a sack lunch and swim suit each day.
Junior Adv. Beginner/Intermediate	Mon.-Thur.	8:30 - 9:55 AM	6-15 yrs.	703953	Dove Tennis Courts	\$80	Designed for students with prior instruction. Technique and strategy will be stressed.
Tournament Tough	Mon.-Thur.	8:30 - 9:55 AM	8-18 yrs.	703957	Dove Tennis Courts	\$80	Junior Varsity/Varsity level players
TNT Select	Tue., Wed. & Thur. Only	1 - 2:30 PM	12-18 yrs.	703960	Dove Tennis Courts	\$60	Varsity level players/Qualified players

Tennis Camp Session Dates:

Session	Dates	Session	Dates
11	Jun. 8-11	16	Jul. 20-23
12	Jun. 15-18	17	Jul. 27-30
13	Jun. 22-25	18	Aug. 3-6
14	Jul. 6-9	19	Aug. 10-13
15	Jul. 13-16	20	Aug. 17-20

Note: Any rainouts will be made up on Friday. All tennis students need to bring a racquet and unopened can of balls to the first day of camp.

GVC Volleyball Camps

Camp	Dates	Times	Ages	Code	Site	Fee
Volleyball Camp	Mar. 9-12	1-4 PM	4th-8th graders	603908-11	GCISD	\$120
Volleyball Camp	Aug. 3-6	1-4 PM	4th-8th graders	603909-11	GCISD	\$120

Our All-Skills Volleyball Camp is designed and led by current and former Division 1 collegiate volleyball players. Each coach has IMPACT and/or CAP accreditation through USAV. Players will learn proper techniques for all skills needed to be a successful volleyball player. Camps will be fast paced to maximize instruction and "touches". Players will be grouped according to age and skill level. The last session of each day will include small-sided games so players can apply what they have learned. Players need to bring kneepads, water and an extra pair of socks. Please register by March 2 (for Spring session) or July 20 (for Summer session) to ensure you receive a camp t-shirt. For more information regarding coaching staff, visit grapevinevolleyball.com.

Outdoor Recreation Camps

972.741.9169

ATKids Adventure Day Camps

Camp	Dates	Times	Ages	Contact	Site	Fee
Spring Break Day Camp	Mar. 9-13	9 AM-4:30 PM	4-13 yrs.	972.741.9169	Meadowmere Park, Grapevine Lake	\$230
Summer Day Camps	Jun. 8-Aug. 21	9 AM-4:30 PM	4-13 yrs.	972.741.9169	Meadowmere Park, Grapevine Lake	\$230 per week

Camp duration is one week, early and late drop-off/pick up available. Fee includes snacks, drinks, materials, t-shirt, cup and photo CD. For registration and more information, visit adventuredaycamps.com or contact Jennifer Petterson at 972.741.9169.

grapevinejuniorsailing.org

Sailing Camps

972.672.4018

Camp	Dates	Times	Ages	Code	Site	Fee
Day Camp for Young Sailors	Jun. 8-19 (two wks.) (M-F)	9 AM-4 PM	7-16 yrs.	703954-10	Scott's Landing Marina, Grapevine Lake	\$495
Day Camp for Young Sailors	Jun. 22-Jul. 3 (two wks.) (M-F)	9 AM-4 PM	7-16 yrs.	703954-11	Scott's Landing Marina, Grapevine Lake	\$495
Day Camp for Young Sailors	Jul. 6-17 (two wks.) (M-F)	9 AM-4 PM	7-16 yrs.	703954-12	Scott's Landing Marina, Grapevine Lake	\$495

Campers will learn the joy of sailing. We will teach them the basics of how to sail as well as the parts and proper care of a boat. The sessions have been developed to accommodate all levels of students. From beginners with no experience to kids that have taken the camp previously. Campers should bring a U.S. Coast Guard approved life jacket. Register for the July Camp and save. Campers may register for multiple camp sessions.

Race Camp for Optimist Sailors	Jun. 8-19 (two wks.) (M-F)	9 AM-4 PM	7-16 yrs.	703945-11	Scott's Landing Marina, Grapevine Lake	\$495
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Campers will learn the joy of racing sailboats. This camp is for both the beginning and advanced racer using the Optimist Sailboat. Campers should have completed at least one session of the recreational camp prior to attending. The camp is geared towards juniors that want to move into the racing program or who have been on the racing team. Campers will learn the racing rules of sailing, boat speed and basic racing tactics. After successfully completing this camp, campers may join the racing team and will be qualified to participate in the Junior Olympic Event in July. Call for more details.

Race Camp for Laser/420 Sailors	Jun. 22-Jul. 3 (two wks.) (M-F)	9 AM-4 PM	7-16 yrs.	703946-11	Scott's Landing Marina, Grapevine Lake	\$495
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Campers will learn the joy of racing sailboats. This camp is for both the beginning and advanced racer using the Lasers and 420's. Campers should have completed at least one session of the recreational camp prior to attending. The camp is geared towards juniors that want to move into the racing program or who have been on the racing team. Campers will learn the racing rules of sailing, boat speed and basic racing tactics. After successfully completing this camp, campers may join the racing team and will be qualified to participate in the Junior Olympic Event in July. Call for more details.



GRAPEVINE AQUATICS

Learn to Swim Program

Learn To Swim Office Hours: 12-4 PM/M-Th, 9 AM-12 PM/Friday playgrapevinereg.com — 817.410.3461

- Observation Policy - to ensure your child's success and limit distractions, parents and visitors are required to stay in the designated seating area.
- Thunder, lightning and/or heavy rain - pool will be cleared for at least 30 minutes. Timer will start at each occurrence.
- Cancellation/Transfer Fee Policy- Due to the high demand for roster spots and scheduling issues, any cancellations or transfers not initiated by Grapevine Aquatics or an instructor, will be assessed an \$8 fee.
- Regular, Semi-Privates & Private Lessons - No transfers or cancellations accepted one week before class begins for ALL classes.
- Make up Classes - No make up for personal absences.

Learn To Swim Course Descriptions:

Classes are offered Monday-Thursday (make up days are held on Fridays)

Ages listed are recommended.

Registration Begins: Resident — Feb. 1, Non-resident — April 1

Group Lesson (2 week session)

Residents: \$42

Non-residents: \$52

Course descriptions below are skills a participant must master prior to the end of a session to receive certification for that level. Classes are Mon-Thur. for 30 min/day. In order for class to "make" a minimum of four participants are required.

Min: 4 Max: 6 1:6 max ratio

Semi-Private Lessons (2 week session)

Residents: \$67

Non Residents: \$82

Semi- Private Lessons: Smaller class size will allow your child to progress at a faster pace and get more individual attention. Minimum class size: 2 children. Maximum: 3 children. Classes are held Mon-Thur. for 30 min/day. 1:3 max ratio

Private Lessons (1 week session)

Residents: \$100

Non-residents: \$120

Private Lessons: Receive one-on-one attention to enhance instruction of swimming skills for your child. One-week classes are held Mon.-Thur. for 30 min./day. Private lessons are held at both pools during regular lesson times. See the class schedule on pages 33 and 35.

Any rainouts will be made up on Fridays.

Water Babies (1 week, Mon.-Thu.)

Ages: 0-35 months

Introduces infants, toddlers and their parents to basic water adjustment and safety through repetitive key words, actions and skills.

2 adults per child, max.

- Bubbles and going under
- Entering/exiting the pool safely
- Parent holding positions
- Floats, kicks and arm-strokes

Fee: \$25 residents, \$32 non-residents

Fearless Fish-NEW

Ages: 3-5 yrs.

For children who feel anxious about the water. This class is designed to give students special attention to help overcome their apprehension.

Fee: \$67 residents, \$82 Non-residents

Elementary Eels-NEW

Ages: 6-10 yrs.

For older children who feel anxious about the water and those afraid of water. This class is designed to give students special attention to help overcome their apprehension.

Fee: \$67 residents, \$82 Non-residents

Semi-Private Water Tots (18-35 months)

This class is designed for children already comfortable in the water, ready to transition to a group setting, and comfortable being away from parents for 30 minutes. Small class size will use games and songs to build skills while focusing on safety. **Parents are not allowed to accompany child to class or in the water.** Max class size is three children.

Fee: \$67 residents \$82 Non-residents

Water Bugs I (3-5yrs.)

All skills are executed with support.

- Water adjustment
- Fully submerge face
- Floats and kicks
- Bubbles

Water Bugs II (3-5yrs.)

Children are encouraged to work independently.

- Breath control
- Flutter kick
- Glides
- Bobble bounce to the side of pool
- Push off side and swim

Tadpole (Level 1) Intro to Swim Skills (Starting at 4 yrs.)

- Flutter kick 5 feet
- Front and back glide 5 feet
- Front float 5 seconds

Guppy (level 2) Basic Swim Skills

Ages: 5 yrs. & up

- Front glide 10 feet
- Back glide 10 feet
- Swim front crawl 10 feet

Minnow (Level 3) Intermediate Swim Skills

Ages: 6 yrs. & up

- Front crawl 15 yards with side breathing
- Backstroke 15 yards
- Breaststroke kick 15 yards

GRAPEVINE AQUATICS

Learn to Swim Program

FREE Level Placement Testing

May 23 and May 30 at Dove Waterpark 9-11 AM

Our staff will evaluate your child and assist you with registration.

Dolphin (Level 4) Advanced Swim Skills

Ages: 7 yrs. & up

- Freestyle 25 yards
- Backstroke 15 yards
- Breaststroke 15 yards
- Butterfly 15 yards

Whale (Level 5) Enhanced Swim Skills

Ages: 8 yrs. & up

- Freestyle 50 yards (2 laps)
- Backstroke 50 yards
- Breaststroke 25 yards
- Butterfly 25 yards

Shark (Level 6) Expert Swim Skills

Ages: 9 yrs. & up

- Freestyle 100 yards with flip turn
- Backstroke 50 yards with flip turn
- Breaststroke 50 yards
- Butterfly 50 yards

Semi-Private Diving

An introduction to formal diving. We will start with beginning fundamentals of a knee dive and work up to a spring board dive from the diving board. We will continue with skills such as pike and tuck dives. This class is only offered at Dove Waterpark due to depth requirements. Max class size is three children.

Fee: \$67 residents, \$82 Non-residents

JR. Guard (Ages 10-14)

Designed to introduce lifeguarding skills and knowledge to advanced swimmers. Participants will be using lifeguard equipment, practicing CPR skills and mock scenarios to prepare for a future in lifeguarding and will receive a student workbook. Please bring a pen, towel and goggles. Females must wear a one piece swimsuit. This is NOT a lifeguard certification class.

Prerequisite: Swim 100 freestyle and 100 breaststroke without stopping.

Fee: \$70 residents, \$80 non-residents

Jr. Guard is offered at both pools. Refer to class schedule for times and dates.

Water Safety Instructor Certification

Learn to teach all ages and give water safety presentations. It's a fun and meaningful job that is in high demand. Plus, once certified, you can apply to work with the City of Grapevine in our Learn to Swim Program as a Swim Lesson Instructor.

Prerequisite: Min. age of 16 yrs.

- 1 Demonstrate proficiency in six strokes: freestyle, backstroke, elementary backstroke, sidestroke, breaststroke and butterfly - 25 yards per stroke
- 2 Tread water for 1 minute

Site: Keller Pointe, 405 Rufe Snow Dr., Keller, TX 76248

Dates/Times/Code/Session:

May 4-8, 4:30-8 PM, 532000-12

Fee: \$175 includes digital materials. This will be a Blended Learning Course.

Swim Lesson Aide Certification (SLA)

A training experience designed to prepare advanced swimmers to assist an Instructor with a class. Candidates will focus on strokes, skills, administrative duties, proper equipment usage. For certification, each student must be 10 years old, pass a swim test and complete volunteer teaching assignments. After receiving certification, those ages 12 and up are eligible to volunteer. Those 15 and older may apply for employment.

Females must wear a one piece swimsuit.

Site/Days: Pleasant Glade Pool
1805 Hall Johnson

Dates/Times: May 20 & 21, 5:30-7:30 PM

Practice Teaching: May 22

Fee: \$42 resident, \$52 non-resident

Code/Session: 531200-10

DOVE WATERPARK

Water Babies (Mom, Dad & Me) 1 week Mon.-Thur., (parent required in pool with child).

Jun. 8-11	Jun. 15-18	Jun. 22-25	Jun. 29-Jul. 2	Jul. 13-16	Jul. 20-23	Jul. 27-30	Aug. 3-6	Aug. 10-13	Aug. 17-20
5:35 PM 510535-1A	5:35 PM 510535-1B	5:35 PM 510535-2A	5:35 PM 510535-2B	5:35 PM 510535-3A	5:35 PM 510535-3B	5:35 PM 510535-4A	5:35 PM 510535-4B		
		6:45 PM 510645-2A	6:45 PM 510645-2B	6:45 PM 510645-3A	6:45 PM 510645-3B	6:45 PM 510645-4A	6:45 PM 510645-4B	6:10 PM 510610-5A	6:10 PM 510610-5B

Level	Session 11 Jun. 8-18	Session 12 Jun. 22-Jul. 2	Session 13 Jul. 13-23	Session 14 Jul. 27-Aug. 6	Session 15 Aug. 10-20
Semi Private Fearless Fish		10:10 AM 517101	6:45 PM 517645	9:35 AM 517935	
Semi-Private Elementary Eels	6:45 PM 517064	6:10 PM 517061	9 AM 517090	10:10 AM 517010	
Semi-Private Water Tots	9 AM 518900 9:35 AM 518935 5 PM 518500 5:35 PM 518535 6:10 PM 518610	9 AM 518900 9:35 AM 518935 5 PM 518500 5:35 PM 518535 6:10 PM 518610	9:35 AM 518935 5:35 PM 518535 6:10 PM 518610	9 AM 518900 5 PM 518500 5:35 PM 518535 6:10 PM 518610	5 PM 518500 5:35 PM 518535
Semi-Private Preschool Water Bugs	9 AM 519900 10:10 AM 519101 5 PM 519500 5:35 PM 519535 6:45 PM 519645	9 AM 519900 10:10 AM 519101 5 PM 519500 5:35 PM 519535 6:45 PM 519645	9 AM 519900 10:10 AM 519101 5 PM 519500 6:10 PM 519610	9 AM 519900 5 PM 519500 5:35 PM 519535 6:10 PM 519610	5:35 PM 519535 6:10 PM 519610 6:45 PM 519645
Semi-Private Level 1 Tadpole	9 AM 511900 9:35 AM 511935 5 PM 511500 5:35 PM 511535 6:45 PM 511645	9 AM 511900 9:35 AM 511935 5 PM 511500 5:35 PM 511535 6:45 PM 511645	10:10 AM 511101 5 PM 511500 5:35 PM 511535 6:45 PM 511645	9:35 AM 511935 5 PM 511500 6:10 PM 511610	5 PM 511500 6:10 PM 511610 6:45 PM 511645
Semi-Private Level 2 Guppy	9 AM 512900 10:10 AM 512101 5:35 PM 512535 6:45 PM 512645	9 AM 512900 10:10 AM 512101 5:35 PM 512535 6:45 PM 512645	10:10 AM 512101 5:35 PM 512535 6:45 PM 512645	9 AM 512900 6:45 PM 512645	5 PM 512500 5:35 PM 512535 6:45 PM 512645
Semi-Private Level 3 Minnow	9 AM 513900 5 PM 513500 6:10 PM 513610	9 AM 513900 5 PM 513500 6:10 PM 513610	9 AM 513900 5:35 PM 513535 6:10 PM 513610	11:10 AM 513110 5 PM 513500 6:45 PM 513645	5 PM 513500 5:35 PM 513535 6:10 PM 513610
Semi-Private Level 4 Dolphin	9:35 AM 514935 5:35 PM 514535 6:10 PM 514610	9:35 AM 514935 5:35 PM 514535	9:35 AM 514935 5 PM 514500 6:10 PM 514610	5:35 PM 514535	5 PM 514500 6:45 PM 514645
Semi-Private Level 5 Whale	6:10 PM 515610	6:45 PM 515645	10:10 AM 515101 5 PM 515500	6:10 PM 515610	6:10 PM 515610
Semi-Private Level 6 Shark	6:10 PM 516610	6:10 PM 516610	9:35 AM 516935 6:10 PM 516610	5 PM 516500	5:35 PM 516535
Semi-Private Diving		6:10 PM 538061		5:35 PM 538053	
Jr Guard			10:10 AM 533101		6:10 PM 533610
Preschool Water Bugs I	9:35 AM 519093 6:10 PM 519061	9:35 AM 519093 6:10 PM 519061	6:45 PM 519064		

DOVE WATERPARK

Level	Session 11 Jun. 8-18	Session 12 Jun. 22-Jul. 2	Session 13 Jul. 13-23	Session 14 Jul. 27-Aug. 6	Session 15 Aug. 10-20
Preschool Water Bugs II	9:35 AM 508935 5:35 PM 508053	5 PM 508050	9:35 AM 508093 6:10 PM 508061	5:35 PM 508053	5:35 PM 508053
Level 1 Tadpole	10:10 AM 511010 6:45 PM 511064	10:10 AM 511010 6:45 PM 511064	9 AM 511090 6:10 PM 511061	6:45 PM 511064	6:45 PM 511064
Level 2 Guppy	10:10 AM 512010 5 PM 512050	10:10 AM 512010 5:35 PM 512053	9:35 AM 512093 6:45 PM 512064	9:35 AM 512093 6:10 PM 512061	5 PM 512053
Level 3 Minnow	9:35 AM 513093 5 PM 513050	9:35 AM 513093 5 PM 513050	10:10 AM 513010 5 PM 513050	6:45 PM 513064	
Level 4 Dolphin	10:10 AM 514010	10:10 AM 514010	5:35 PM 514053	9 AM 514090 6:10 PM 514061	
Level 5 Whale			9 AM 515090 5:35 PM 515053		
Level 6 Shark			5 PM 516050	10:10 AM 516010 6:10 PM 516610	

AQUATICS

Time	Class Code Dove Waterpark
9 AM	501900
9:35 AM	501935
10:10 AM	501101
5 PM	501500
5:35 PM	501535
6:10 PM	501610
6:45 PM	501645

Dates	Session
6/8-6/11	1A
6/15-6/18	1B
6/22-6/25	2A
6/29-7/2	2B
7/13-7/16	3A
7/20-7/23	3B
7/27-7/30	4A
8/3-8/6	4B
8/10-8/13	5A
8/17-8/20	5B

Private Lessons Dove Waterpark

Monday - Thursday for 1 week.

30 minutes of one-on-one attention each day.
We offer private lessons for all levels and ages.

Registration:

To register, please call
817.410.3450 or 817.410.3461

PLEASANT GLADE POOL

Water Babies (Mom, Dad & Me) 1 week Mon.-Thur., (parent required in pool with child).

Jun. 8-11	Jun. 15-18	Jun. 22-25	Jun.29-Jul. 2	Jul. 13-16	Jul. 20-23	Jul. 27-30	Aug. 3-6	Aug. 10-13	Aug. 17-20
5:35 PM 520535-1A	5:35 PM 520535-1B	6:10 PM 520610-2A	6:10 PM 520610-2B	5:35 PM 520535-3A	5:35 PM 520535-3B	6:10 PM 520610-4A	6:10 PM 520610-4B		

Level	Session 11 Jun. 8-18	Session 12 Jun. 22-Jul.2	Session 13 Jul.13-23	Session 14 Jul. 27-Aug. 6	Session 15 Aug. 10-20
Semi-Private Fearless Fish		5:35 PM 500535	6:10 PM 500610	5 PM 500500	
Semi-Private Elementary Eels	10 AM 527010	5 PM 527050	5:35 PM 527053	6:45 PM 527064	
Semi-Private Water Tots	10 AM 528100 5 PM 528500 5:35 PM 528535 6:45 PM 528645	10 AM 528100 5 PM 528500 6:45 PM 528645	10:35 AM 528103 5 PM 528500 5:35 PM 528535 6:45 PM 528645	11:10 AM 528111 5 PM 528500 6:10 PM 528610	5:35 PM 528535 6:10 PM 528610 6:45 PM 528645
Semi-Private Preschool Water Bugs	10 AM 529100 5:35 PM 529535 6:10 PM 529610 6:45 PM 529645	10 AM 529100 5:35 PM 529535 6:10 PM 529610 6:45 PM 529645	10:35 AM 529103 5:35 PM 529535 6:10 PM 529610 6:45 PM 529645	10 AM 529100 5:35 PM 529535 6:45 PM 529645	5 PM 529500 5:35 PM 529535 6:45 PM 529645
Semi-Private Level 1 Tadpole	10:35 AM 521103 11:10 AM 521110 5 PM 521500 6:10 PM 521610	10:35 AM 521103 11:10 AM 521110 5 PM 521500 6:10 PM 521610	10 AM 521100 11:10 AM 521110 5 PM 521500 6:10 PM 521610	10 AM 521100 5 PM 521500 6:10 PM 521610	5 PM 521500 5:35 PM 521535 6:10 PM 521610
Semi-Private Level 2 Guppy	10:35 AM 522103 5 PM 522500 6:10 PM 522610 6:45 PM 522645	10:35 AM 522103 5 PM 522500 6:10 PM 522610 6:45 PM 522645	10 AM 522100 5 PM 522500 6:10 PM 522610 6:45 PM 522645	10 AM 522100 5 PM 522500 6:45 PM 522645	5 PM 522500 5:35 PM 522535 6:10 PM 522610
Semi-Private Level 3 Minnow	10:35 AM 523103 11:10 AM 523110 5 PM 523500 6:10 PM 523610	10:35 AM 523103 11:10 AM 523110 5 PM 523500 6:10 PM 523610	10:35 AM 523103 11:10 AM 523110 5 PM 523500 6:10 PM 523610	10:35 AM 523103 5 PM 523500 6:10 PM 523610	5 PM 523500 5:35 PM 523535
Semi-Private Level 4 Dolphin	11:10 AM 524110 5:35 PM 524535 6:45 PM 524645	11:10 AM 524110 5:35 PM 524535 6:45 PM 524645	11:10 AM 524110 5 PM 524500 6:45 PM 524645	10:35 AM 524103 5:35 PM 524535 6:10 PM 524610	6:10 PM 524610
Semi-Private Level 5 Whale	10 AM 525100 5 PM 525500	10 AM 525100 5 PM 525500	10 AM 525100 5 PM 525500	10 AM 525100 5:35 PM 525535	5 PM 525500
Semi-Private Level 6 Shark	10 AM 526100 5:35 PM 526535	10 AM 526100	10 AM 526100 5:35 PM 526535	11:10 AM 526110 6:45 PM 526645	6:10 PM 526610
Jr Guard	6:10 PM 534610	6:10 PM 534610	6:10 PM 534610		
Preschool Water Bugs I	10:35 AM 529010 5:35 PM 529053	10:35 AM 529010 5:35 PM 529053	10:35 AM 529010 5:35 PM 529053		
Preschool Water Bugs II	11:10 AM 528011 6:45 PM 528064	11:10 AM 528011 6:45 PM 528064	11:10 AM 528011 6:45 PM 528064	10:35 AM 528010 5:35 PM 528053	6:45 PM 528064
Level 1 Minnow	10:35 AM 521010 6:10 PM 521061	10:35 AM 521010 6:45 PM 521064	11:10 AM 521011 6:10 PM 521064	10:35 AM 521010 5:35 PM 521053	6:45 PM 521064
Level 2 Guppy	11:10 AM 522011 6:45 PM 522064	11:10 AM 522011 6:10 PM 522061	10:35 AM 522013 6:45 PM 522064	11:10 AM 522011 6:45 PM 522064	

PLEASANT GLADE POOL

Level	Session 11 Jun. 8-18	Session 12 Jun. 22-Jul. 2	Session 13 Jul. 13-23	Session 14 Jul. 27-Aug. 6	Session 15 Aug. 10-20
Level 3 Minnow	5:35 PM 523053	5:35 PM 523053	5:35 PM 523053	11:10 AM 523011 6:45 PM 523064	
Level 4 Dolphin		5:35 PM 524053	5:35 PM 524053	6:10 PM 524061	
Level 5 Whale			5:35 PM 525053	5 PM 525050	
Level 6 Shark			6:45 PM 526064	5:35 PM 526053	

Time	Class Code PG Pool	Dates	Session
		6/8-6/11	1A
10 AM	502110	6/15-6/18	1B
10:35 AM	502113	6/22-6/25	2A
11:10 AM	502011	6/29-7/2	2B
		7/13-7/16	3A
5 PM	502500	7/20-7/23	3B
5:35 PM	502535	7/27-7/30	4A
		8/3-8/6	4B
6:10 PM	502610	8/10-8/13	5A
6:45 PM	502645	8/17-8/20	5B

Private Lessons Pleasant Glade Pool

Monday - Thursday for 1 week.

30 minutes of one-on-one attention each day.
We offer private lessons for all levels and ages.

Registration:

To register, please call
817.410.3450 or 817.410.3461

AQUATICS

Aquatic Fitness at Pleasant Glade Pool

Deep Water Dynamics

Offering aerobics fitness, endurance, flexibility and promoting muscle strength. Flotation noodles are provided. Minimal swimming skills and water comfort are needed. For all fitness levels.

Aqua Pilates/Power Sculpting

Enjoy the benefits of Pilates in the comfort of the water. Elongate muscles, strengthen your core, power walk and sculpt. Focus on abs, thighs, upper body, balance, flexibility and posture. For all fitness levels. Swimming skills not necessary.

Aqua Tabata

Take advantage of the latest trend in fitness. With high intensity interval training (HIIT), including the specialized Tabata format, transitions into the water with high-powered results. Minimal choreography, maximum results!

Class	Time	Session Dates	Days	Fee	Code
Deep Water Dynamics	6:45-7:30 PM	20: (4 wks) Jun. 8-Jul. 1	M, W	\$45	532630
		21: (4 wks) Jul. 13-Aug. 5	M, W	\$45	532630
Aqua Tabata	8-8:45 AM	20: May 30-Jun. 27	Sat.'s	\$30	532830
		21: Jul. 11-Aug. 8	Sat.'s	\$30	532830
Aqua Pilates	9-9:45 AM	20: May 30-Jun. 27	Sat.'s	\$30	533009
		21: Jul. 11-Aug. 8	Sat.'s	\$30	533009
Mix "N" Match		20: May 30-Jun. 27	Mix Match Sat.'s	\$50	532631
(Saturday Class Only. Aqua Tabata and Aqua Pilates)		21: Jul. 11-Aug. 8	Mix Match Sat.'s	\$50	532631

Grapevine Gators Swim Team

Practice Site	Days	Regular Workout	Practice Times	Swim Team Fee	Parent Meeting	Code	Additional Info
Pleasant Glade Pool	Mon.-Fri.	13 & up 7-8:50 AM 11-12 yrs. 7-8:30 AM 9-10 yrs. 8:50-9:40 AM 8 & under 8:50-9:30 AM	May 18-Jun. 4 7-8:30 PM *No Practice May 25 Jun. 5 - Reg. Workout Times Begin	\$135 residents \$150 non-residents	May 18 Pleasant Glade Pool 5:30 PM	540000-10	Resident registration begins Feb. 1 Non-Resident-Apr. 1

Regionals: Jul. 18-19 (all attend)

* State games Jul. 30-Aug. 4 (qualifiers only)

DOVE WATERPARK

817.410.8140 • 1509 Hood Lane

Admission

Residents \$2, Non Residents \$5
Under age 12 months-free,
all entering facility must pay admission fee

Season Pass Information

Dove Individual Pass (1 person):

Resident \$50, Non Resident \$100
(access to both pools)

Dove Family Pass:

(up to 6 family members)

Resident \$100, Non Resident \$200
(access to both pools)

Basic Cabana Rentals:

\$60 for 2 hour

Available during open swim
hours only.

Reserve a "private" covered area
with four loungers and one picnic
table with seating for approximately
10 people. Does not include
admission to facility.

Cabana Rama Pizza Party:

Cabana A

*Resident \$175

*Non Resident \$275.

Includes: Party attendant, 2 hour
rental, 1 cabana, swim passes
for 20 guests, 2 large pizzas,
10 ice cream cups.

Cabana Rama Pizza Party:

Cabana B & C

*Resident \$275

*Non Resident \$375.

Includes: Party attendant, 2 hour
rental, 2 cabanas, swim passes
for 25 guests, 3 large pizzas,
20 ice cream cups.

Private Pool Party:

Fee: \$400/75 maximum

\$600/150 maximum

Private Pool Party Rental

Times:

Friday, Saturday, Sunday
7:30-9:30 PM

*Any parties larger than 150
people need to call Party
Coordinator for pricing and
availability.

Cabana Rental Party Times

Mon.-Thur.: 11:30 AM-1:30 PM, 2-4 PM, 7:30-9:30 PM

Fri.: 11:30 AM-1:30 PM, 2-4 PM

Sat. & Sun.: 11:30 AM-1:30 PM, 2-4 PM, 4:30-6:30 PM

To book your next party with us, please call 817.410.3455

May

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Jun.


S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Jul.


S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	


Aug./Sept.

S	M	T	W	T	F	S
					1	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5
6	7	8	9	10	11	12

 = 11 AM-7 PM

 = 11 AM-5 PM

 = 11 AM-9:30 PM

 = 11 AM-4:50 PM & 7:30-9:30 PM

SPECIAL EVENTS DOVE WATERPARK

Friday Night Family Fun Flicks

July 24, 8 PM

Watch your favorite summertime movie while splashing around Dove Waterpark!

\$5 per person, season pass holders enter for FREE

PLEASANT GLADE POOL

817.410.8137 • 1805 Hall Johnson
(Parking at Grapevine Elementary School off Hughs Road)

Admission

Residents \$2, Non Residents \$3
Under age 12 months-free, all entering facility must pay admission fee

Season Pass Information

Individual Pass (1 person):

Resident \$50, Non Resident \$60
(Pleasant Glade Pool only)

Pleasant Glade Pool Family Pass: (up to 6 family members)

Resident \$100, Non Resident \$150
(Pleasant Glade Pool only)

Basic Cabana Rentals:

\$30 for 2 hour
Resident Entry Fee: \$2 per person
Non Resident Entry Fee: \$3 per person

Reserve a shaded area with two picnic tables with seating for approximately 20 people
Does not include admission to facility.

Table Pizza Party:

Resident \$150
Non Resident \$175.

Includes: Party attendant, 2 hour rental, 1 shaded area with two tables, swim passes for 20 guests, 2 large pizzas, 10 ice cream cups.

Table Rental Party Times

Mon.-Thur.: 12-2 PM, 2:30-4:30 PM, 7:30-9:30 PM

Fri.: 12-2 PM, 2:30-4:30 PM

Sat. & Sun.: 12-2 PM, 2:30-4:30 PM, 5-7 PM

Private Pool Party:

Fee: \$270/75 maximum
\$400/150 maximum

Add our inflatable Play Feature to any Private Pool Party! Fee: \$100



Pool Party Rental Times:

Friday & Saturday: 7:30-9:30 PM

Sunday: 6:30-8:30 PM

**To book your next party with us, please call
817.410.3455**

*Any parties larger than 150 people need to call Party Coordinator for pricing and availability.

May

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Jun.

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Jul.

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Aug./Sept.

S	M	T	W	T	F	S
					1	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5
6	7	8	9	10	11	12

= 1-6 PM
 = 12-5 PM
 = 12-7 PM
 = 12-9:30 PM
 = 12-4:30 PM & 7:30-9:30 PM
 = 10 AM-2 PM Doggie Dive

SPECIAL EVENTS/PROGRAMS AT PLEASANT GLADE POOL

Toddler Splash Time

Every Saturday starting Jun. 13
11 AM-12 PM

Games, songs, safety lessons,
free swim baby pool only

\$2 per person over 12 months old.

Children ages 0-5 years old.

A parent is required to attend.

Lap Swim Times

Tue. & Thur. 7:30-9:30, max. 2 lanes

Training equipment may be used in lap lanes only.
(ex. fins, kickboard)

Doggie Dive-In

Sept. 12, 10 AM-2 PM

Bring your dog to swim in the pool.

Must register in advance.

Proof of vaccinations required.

GRAPEVINE SENIOR ACTIVITIES CENTER

421 Church Street • 817.410.3465 • Fax 817.410.8147

Welcome 55+: The Grapevine Senior Activities Center is supported by the City of Grapevine and is open to any senior, age 55 and over.

Hours of Operation: Monday-Friday: 8 AM-3 PM

Transportation

The Senior Activities Center provides transportation for Grapevine residents to and from the Center, Monday through Friday. Also provided and scheduled by the Center are opportunities for transportation to the bank, post office, grocery shopping, mall shopping and various Center activities and special events. Daily transportation reservations are required by 2 PM the preceding day.

Lunch

Senior Citizen Services of Greater Tarrant County, Inc. provides hot lunches that supply one-third of the RDA at 12 PM, Monday through Friday. For those under 60, the cost of the meal is \$6. For those 60+ and their spouse, the meal is available for a suggested contribution of \$2. Reservations are required 24 hours in advance.

Health and Nutrition Education

Educational programs provided by health care professionals. Blood pressure checks provided by Woodridge at Grapevine Health and Rehabilitation.

SeniorMovers

This volunteer-based program assists with the medical and dental transportation needs of the local senior population. Riders must be pre-registered, give 48 hours notice of need and require very minimal assistance. For information about this program, please call 817.410.3465.

Friends Of The Grapevine Senior Activities Center (FOGSAC)

Tax deductible donations for this 501(c)3 organization are used to improve technology, to supplement recurring programs and to further educational opportunities for seniors at the Grapevine Senior Activities Center. For more information, please call 817.410.3465.

NETS

The Northeast Transportation Service is operated by Catholic Charities for seniors age 60 and over, the disabled and/or the transportation disadvantaged. Call NETS at 817.336.8714.

Project Cell Phone-911

This project places donated, useable, deactivated cellular phones into the hands of seniors to be used, at no charge, for emergencies only. Cell phones and their chargers may be donated and/or seniors may pick up a cell phone at the Senior Activities Center.

Volunteers

There are many opportunities available to teach classes, provide transportation for medical needs and much more. For more information, please call 817.410.3465.

Field Trips

Culture Club, Museums, Plays, Concerts, Exhibits, Festivals, Shopping, Mall Walking, Early Voting and more are offered. For more information, please call 817.410.3465.

Special Events

Holiday Celebrations, Dances, Tournaments, Income Tax Preparation Assistance, Benefits Counseling and more!

Grapevine Senior Citizens Advisory Board

This City Council-appointed Board meets the first Tuesday of each even-numbered month at 3:30 PM to address senior issues in our community. This is an open meeting. Changes or cancellations will be posted on grapevinetexas.gov.

GRAPEVINE SENIOR ACTIVITIES CENTER

CLASS/ACTIVITY	DAY/TIME
AARP Driver Safety (registration required)	.1 day class, 1-5 PM - Please call 817.410.3465 for schedule
AARP Income Tax Assistance (Feb. 4— Apr. 15)	.Wednesdays, 8:30 AM-1:30 PM
Advisory Council	.First Wednesday at 11 AM
Advisory Council Participants Meeting	.Following day at 12:30 PM
Bank and Post Office Transportation	.First week of each month
Bingo	.Tuesdays at 1 PM
Birthday Party (reservations required)	.First Tuesday of each month at 11:45 AM
Blood Pressure Checks	.Tuesdays at 10 AM
Card Making	.Mondays at 1 PM
Ceramics	.Fridays at 10 AM
Chair Exercise	.Tuesday-Friday at 9:45 AM
Chorus (call for details)	.Thursdays at 10 AM
Computers (must pre-register)	.Registration: Mar. 2
Culture Club	.June 1, 2014-May 31, 2015
Fraternal Order of Plaid Shirts (FOPS)	.Time varies. Please call 817.410.3465 for schedule
Go-Go Girls from Grapevine	.Time varies. Please call 817.410.3465 for schedule
Grapevine Shopping (Wal-Mart, Target, etc.)	.Wednesdays at 9:45 AM
Grocery Shopping	.Wednesdays at 12:45 PM
Jewelry Making	.Thursdays at 10 AM
Knitting	.Wednesdays at 10 AM
Line Dancing	.Thursdays at 1:15 PM and 2:15 PM
Mah Jongg	.Mondays at 2 PM
Music Jam	.Mondays at 9:30 AM
Oil Painting	.Tuesdays at 10 AM-12 PM
Quilting	.Wednesdays at 10 AM
SCS Hot Lunches (reservations required; suggested contribution \$2)	.Monday-Friday at 12 PM
SilverSneakers Classic	.Mondays & Wednesdays at 1 PM, Fridays at 11 AM
SilverSneakers Yoga	.Thursdays at 1 PM
Strength Training	.Mondays & Wednesdays from 11:15-11:45 AM
Table Games (Bridge, Dominoes, Pinochle, Pool)	.Monday-Friday, 8 AM-3 PM excluding Tuesday afternoon
T'ai Chi	.Mondays & Fridays at 9:50 AM
Walking	.Mon., Thur., Fri. at 9:45 AM, Tue. at 10 AM

SENIOR ADULT PROGRAMS

Newsletter: The Grape Affair

Grapevine residents age 55 or older who would like to receive the monthly newsletter by mail, please call 817.410.3465. To receive via email, contact us at pardinfo@grapevinetexas.gov.

SilverSneakers Classic

Exercises designed to increase muscular strength and endurance and range of motion, resulting in functional improvements in posture, balance, weight transfer activities, coordination, agility, and body awareness. Hand-held weights, elastic tubing with handles, and a ball are offered for resistance, and a chair is used for seated and/or standing support.

Days/Time: Mon. & Wed. at 1 PM
Fri. at 11 AM

SilverSneakers Yoga

Your whole body moves through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity.

Day/Time: Thur., 1 PM

Card Making Classes

Make a unique handmade card each week using a variety of techniques.

Day/Time: Mon., 1 PM

Culture Club

Teaming with Artreach, we offer a variety of trips to symphonies, plays, musicals and concerts. Become a member any time.

Annual Membership:

Jun. 1, 2014-May 31, 2015

Fee: \$10 per year

T'ai Chi-FREE

No-impact exercise combining gentle, fluid movements and thoughtful concentration to create the total mind, body and spirit workout.

Day/Time: Mon. & Fri., 9:50 AM

Oil Painting-FREE

Designed for the novice as well as the advanced artist. Work on independent projects and receive guidance from a qualified teacher.

Day/Time: Tue., 10 AM

Computer Classes

Many topics are covered in classes for the beginner to the advanced.

Registration: Mar. 2

Walk-Ins: 9 AM-12 PM

Call-Ins: 1-2 PM

Senior Water Aerobics-FREE

(Donations accepted)

Site: Dove Waterpark

Days: Tue., Thur.

Dates/Time: Jun. 3-Aug. 14, 8-8:45 AM
(no classes Jul. 1 & 3)

AARP Tax Aide

AARP certified tax aides help with income tax preparation by appointment only.

Days/Dates/Times:

Wed., Feb. 4-Apr. 15, 8:30 AM-1:30 PM

Senior Strength Training

Designed for seniors to include whole body exercises that have been shown to increase the strength of your muscles, maintain the integrity of your bones, and improve your balance, coordination, and mobility. The class can help reduce the signs and symptoms of many chronic diseases, including arthritis.

Days/Time: Mon. & Wed., 11:15-11:45 AM

Fraternal Order of Plaid Shirts (FOPS)

Join a group of gentlemen who fraternize once a month and enjoy a variety of tours and lunch.

Days/Time: Varies

Please call 817.410.3465 for schedule.

Islands of New England August 24-31, 2015

This fabulous Collette Vacations trip begins in Providence, Rhode Island and continues to Newport and Boston. You'll spend several days on Cape Cod exploring Martha's Vineyard, Nantucket, Hyannis and Provincetown. You have a choice of setting out on a whale watch cruise in Cape Cod Bay or embarking on a scenic adventure through iconic sand dunes of the Cape. A traditional lobster feast completes your New England experience. Rates which include round trip air from DFW, air taxes and fees/surcharges, plus hotel transfers are: Single - \$2,979; double - \$2,579 and triple - \$2,549. Book before February 24 and get \$100 off. Brochures are available at the SAC.



Special EVENTS

Daddy/Daughter Dance A Night in Hollywood

Strut your stuff on the red carpet and dazzle the paparazzi at the 2015 Daddy Daughter Dance! Enjoy an evening on-set and leave your mark on Hollywood Boulevard while dancing the night away. Dad and daughter will experience true red carpet treatment full of posh photo opportunities, theater treats, glamorous crafts and activities, a star studded banquet, limo rides and more! This extraordinary annual event will be at a new location this year with expanded dates and times due to high demand. Tickets go on sale December 31 and are available for purchase at the Community Activities Center, by calling 817.410.3450 or at playgrapevinereg.com. Space is limited and the event will sell out. Tickets will not be sold at the door.

Site: Compass Center, 4201 Pool Road

Day/Date: Fri., Feb. 6 or Sat., Feb. 7

Fee: \$15/person on or before Feb. 1, \$18/person beginning Feb. 2

Ages/Day/Time/Code: All dances available for all ages
Fri., 7-9 PM, 709752-01
Sat., 4-6 PM, 709752-02
Sat., 7-9 PM, 709752-03

Note: Tickets will not be sold at the event.

Mother/Son Date Night 007—Mother Son Bonding

Experience the heroic and thrill-filled world of the best James Bond adventures! This event is loaded with daring missions to thwart villainous plots, Q's newest and coolest spy gadgets, fast cars and explosive action where mother and son save the day. Always dressed to impress, 007 is a secret agent who always beats the bad guy and saves the beautiful girl (that's you mom!). Join us for a fun and delicious evening—shaken, not stirred—at a new location where the action doesn't stop until the credits role. Tickets are available for purchase at the Community Activities Center, by calling 817.410.3450 or at playgrapevinereg.com. Space is limited.

Site: Compass Center, 4201 Pool Road

Day/Date: Fri., May 1

Fee: \$12 per person

Time/Code: 7-9 PM, 709753-03

40th Annual Easter Egg Hunt at Historic Nash Farm-FREE

Take a trip to the farm this spring for our annual egg hunt. Mr. and Mrs. Bunny will be hiding thousands of eggs at Nash Farm for a hopping good time. Special prize eggs will be hidden in each age division. Let our face painters turn you into a bunny and enjoy other activities such as a petting zoo, hay rides and more. There will be five different hunts by age division. Bring your camera for some great photo opportunities.

Site: Nash Farm, 626 Ball St.

Egg Hunt Divisions/Times: 7-9 yrs./10 AM, 0-2 yrs./10:30, 5-6 yrs./11 AM,
3-4 yrs./11:30, All Ages, 12 PM

Day/Date/Time: Sat., Mar. 28, 9:30 AM-12:30 PM

Additional Information: In the event of inclement weather, festivities will be rescheduled for Apr. 4. The "All Age Hunt" at 12 PM is for children 10 and older or those children that did not participate in their age group hunt that day. Out of respect for others, no "repeat" hunters, please.

Mom-N-Me Tea, Derby Days

Moms and their daughters are off to the races to celebrate the Mother's Day weekend! Enjoy big hats, pretty dresses and fun activities while relaxing with your daughter(s). Our annual Mother's Day tea will be a special time for you and your daughter to spend time being girly and creating memories together. Pictures will be available for a small charge. Registration began on December 31.

Site: Botanical Gardens, 411 Ball St.

Date/Time/Session: May 9, 9:30-11 AM (10), 1-2:30 PM (11)
3:30-5 PM (12), 6:30-8 PM (13)

Fee: \$10 per person

Code: 709754

Registration Deadline: May 2



LAKE PARKS



Meadowmere Park-3000 Meadowmere Lane

This park boasts over 200 acres of recreational opportunities with everything from primitive camping sites, kayak and paddle boat rentals, designated swim beach, state-of-the-art play structure, picnic shelters, bbq grills, Segway tours and ample open space. Our camping sites allow for two tents per site, 6 campers, and plenty of space between sites allowing for a remote camping experience. Please call the park office at 817.488.5272 to make reservations.

Rockledge Park-3600 Pilot Point

This premier photo shoot location offers views of breathtaking bluffs, beaches, and sunsets over the lake. Don't forget about the large rental pavilion, walking/biking trails, on-site park store, picnic tables, and incredible views of the Friday night and July 4 fireworks shows. To schedule a photo shoot, \$50 per hour (one hour minimum), contact Sheila Rich at srich@grapevinetexas.gov. For more information visit playgrapevine.com.

Fee: \$5 car entrance fee

The Vineyards Campground & Cabins on Grapevine Lake-1501 North Dooley Street

Camping is always fun, but we invite you to enjoy the Texas outdoors in the spring/summer with our climate-controlled cabins. Wake up on the shores of Grapevine Lake while still having all the comforts of home. Go hiking, fishing, swimming, kayaking, trail exploring or simply lounge on your cabin's porch and enjoy the views of this nationally award winning park. With cabins that accommodate two to six people, the whole family can participate in the fun! All cabins are fully-furnished with linens, stove*, microwave, refrigerator, dishes, cable tv, Wi-Fi and more. The Vineyards Campground & Cabins also has ample space for your RVs with spots for all size rigs. Reserve online at vineyardscampground.com or call the campground for best available dates at 817.329.8993. *Excluding duplex unit.

Lake Grapevine annual park passes are sold at City Hall, The Vineyards Campground & Cabins and Meadowmere Park. These annual passes are great gifts.

GrapevineEVENTS

GRAPEVINE CVB HEADQUARTERS & MUSEUM COMPLEX Tower Gallery & Grand Gallery

636 S. Main St.

February 4 through April 22: Charles M. Schultz Museum "Peanuts ...Naturally".
Open daily. Monday - Friday, 8 AM - 5:30 PM; Saturday, 10 AM - 6:30 PM;
Sunday, Noon - 5 PM. Free admission.

Settlement to City Museums

206 W. Hudgins St.

Learn the history of Grapevine through hands-on activities, photographs and artifacts. Tuesdays, Thursdays & Fridays, 10 AM - 2 PM. **Now open: Visit the Grapevine Historical Museum.** Tuesday - Friday, 10 AM - 4 PM; Saturday, 11 AM - 4 PM; Sunday, Noon - 4 PM. Free.

First Friday & Classic Film Series

Palace Theatre, 300 S. Main St.

Enjoy a movie in the Historic Palace Theatre. Ticket prices are \$5 per person. For more information, visit Palace-Theatre.com or call 817.410.3100.

Main Street LIVE (formerly The Grapevine Opry Show)

Palace Theatre, 300 S. Main St.

The show's professional cast perform a variety of energetic and exciting shows featuring country music, rock and roll, comedy, dancing and more. Call 817.481.8733 or visit TheGrapevineOpryShow.com for updated show and ticket information.

Nash Farm Activities & Events

Nash Farm, 626 Ball St.

Grapevine's Historic Nash Farm offers year-round fun for the entire family. Visit the website for a full listing of special events, First Friday and Frugal Farm Wife programs at NashFarm.org. Some events require pre-registration and have limited space.

Grapevine Vintage Railroad

Cotton Belt Depot, 705 S. Main St.

Hop aboard the Grapevine Vintage Railroad and step back in time to the 19th century. Visit GVRR.com for full schedule, pricing and seating details.

Sweetheart Wine Trail

Historic Downtown Grapevine

February 7 & 8, 11 AM - 5 PM

Along the wine trail, guests will taste three varieties of wines from each winery and enjoy food compliments. Trail departs at Cross Timbers Winery, 805 N. Main St. For adults 21 years old and over. For complete details, visit GrapevineWineryTrail.com.

Jazz Wine Train

Cotton Belt Depot, 705 S. Main St.

March 20 & 21, 6:30 PM

There's nothing like jazz music, delicious food, fine wine and a trip back in time. The captivating excursion features new release wines from Grapevine wineries. Train returns approximately 9:30 PM. For adults 21 years old and over. Visit GVRR.com for more details.



GrapevineEVENTS

Grapevine Market

Liberty Park, 215 S. Main St.

Thursdays & Saturdays, April 9 through October 17, 9 AM - 2 PM.

Come experience open-air, European-style shopping in Historic Downtown Grapevine.

Grapevine Farmers Market

Town Square Gazebo, 325 S. Main St.

Thursdays, Fridays & Saturdays, April 9 through October 17, 8 AM - 4 PM.

Enjoy locally owned produce from local, regional and Texas farmers. For produce information, visit FarmersMarketOfGrapevine.com.

Day Out With Thomas™

Cotton Belt Depot, 705 S. Main St.

April 10, 11 & 12 and April 17, 18, & 19

The event features an approximately 25-minute train ride with Thomas the Tank Engine™, Thomas & Friends™ themed entertainment, storytelling, live music and more. Visit GVRR.com for more details.

23rd Annual Blessing of the Vines & New Vintage Wine and Gallery Trail

Delaney Vineyards, 2000 Champagne Blvd., and Historic Downtown Grapevine
April 11, 11 AM - 5 PM

Start the day at Delaney Vineyards and take part in the Blessing of the Vines. The ceremony begins with a colorful procession through the largest vineyard in North Texas. A complimentary wine tasting event with live entertainment will follow. Then, experience the New Vintage Wine Trail where you will enjoy a memorable journey to experience first-hand the many unique winery tasting rooms in Grapevine.

11th Annual ChocolateFest

Austin Ranch, 2009 Anderson Gibson Rd.

April 24, 7 - 10 PM, Evening of Chocolate & Wine

April 25, 10:30 AM - 2:30 PM, Day of Chocolate & Art

Sample rich and delectable confectionaries from some of the finest chocolatiers in North Texas. Visit ChocolatefestGrapevine.org for more details.

*All events subject to change. For more information about Grapevine special events and festivals, please call 817.410.3185 or visit GrapevineTexasUSA.com.



RENTAL VENUES

The Parks and Recreation Department offers pavilions and meeting rooms to its citizens for meetings and/or events. There is a minimal charge for the rental of the Bessie Mitchell House and the Merlot Community Room and you must be a Grapevine resident or Grapevine Business Owner to reserve one of these two facilities. Grapevine residents and non-Grapevine residents may reserve the Trawick Pavilion, Jackson Pavilion, Meadowmere Pavilion, Parr Park Pavilion, Dove Park Pavilions, Pickering Park Pavilion and Bear Creek Park Pavilion.

PARK FACILITY – RESERVATIONS

Grapevine residents and non-residents may reserve outdoor pavilions at Parr Park, Dove Park, Bear Creek Park and Pickering Park. Trawick, Jackson and Vineyards Pavilions are on Lake Grapevine and accommodate large parties. For indoor facilities, the Bessie Mitchell Meeting Facility and Merlot Community Rooms are available for Grapevine residents and businesses only. For information on these facilities, please call 817.410.3470.

PRICES ARE AS FOLLOWS:

Small Park Pavilions

Dove Park Pavilion - North

(residents) \$45/3 hrs. (\$15 each additional hr.)
(non-residents) \$60/3 hrs. (\$20 each additional hr.)

Parr Park Pavilion near Sprayground

(residents) \$45/3 hrs. (\$15 each additional hr.)
(non-residents) \$60/3 hrs. (\$20 each additional hr.)

Parr Park Pavilion near Playground

(residents) \$30/3 hrs. (\$10 each additional hr.)
(non-residents) \$40/3 hrs. (\$15 each additional hr.)

Heritage Park Pavilion

(residents) \$30/3 hrs. (\$10 each additional hr.)
(non-residents) \$40/3 hrs. (\$15 each additional hr.)

Bear Creek Pavilion

(residents) \$30/3 hrs. (\$10 each additional hr.)
(non-residents) \$40/3 hrs. (\$15 each additional hr.)

Large Park Pavilions

Parr Park Pavilion

(residents) \$100/3 hrs. (\$20 each additional hr.)
(non-residents) \$150/3 hrs. (\$25 each additional hr.)

Pickering Park Pavilion

(residents) \$100/3 hrs. (\$20 each additional hr.)
(non-residents) \$150/3 hrs. (\$25 each additional hr.)

Dove Park Casey's Clubhouse Pavilion

(residents) \$100/3 hrs. (\$20 each additional hr.)
(non-residents) \$150/3 hrs. (\$25 each additional hr.)

Lake Park Pavilions

Trawick Pavilion (Grapevine residents)	\$350/day
(non-residents Mon.-Thur.)	\$350/day
(non-residents Fri., Sat., Sun.)	\$390/day
Jackson Pavilion (Grapevine residents)	\$350/day
(non-residents Mon.-Thur.)	\$350/day
(non-residents Fri., Sat., Sun.)	\$390/day

For the Jackson, Trawick, Meadowmere and Vineyards Campground Pavilions, all paid reservations canceled prior to 14 days from date of event, will have a \$25 cancellation fee. Any cancellations within 14 days of the rental, will have a \$100 cancellation fee. This is a cancellation for any reason, including weather. Rain checks accepted.

Meadowmere Park Pavilion

Mar. 1-Sept. 30 Rates (Grapevine residents) \$275/day
(non-residents) \$325/day

Please call 817.410.3470 for AM and PM Rates.



Parr Park Pavilion

3010 Parr Lane

Located in Parr Park, this pavilion seats up to 20 people and has access to restrooms, a great playground and Sprayground.

Indoor Rental Facilities

*Bessie Mitchell Facility \$100/2 hr.
(Grapevine residents only) \$50 each additional hr.

*Merlot Community Room \$100/2hr.
(Grapevine residents only) \$50 each additional hr.

For The Vineyards Campground & Cabins reservations, please call 817.329.8993.

* Rates subject to change per City Council approval.

Weddings at Botanical Gardens

\$400/3 hrs. (Grapevine residents only)
Grapevine residents (only) may reserve their wedding at the Botanical Gardens in Heritage Park. For more information, please call 817.410.3470.



Jackson Pavilion

(Rockledge Park) - 3501 Pavilion Place
Located in Rockledge Park on Lake Grapevine, this pavilion is ideal for large family and/or corporate gatherings. The pavilion seats up to 260 people and has two large barbecue grills. Open space is available for games or other entertainment. Restrooms are within a short walking distance. Jackson Pavilion is located on the North side of Grapevine Lake.

For more information regarding rental facilities, please visit playgrapevinereg.com or call 817.410.3470.

Community Activities Center 1250 William D. Tate Ave., Ste. 100 817.410.3450

The Community Activities Center offers many leisure opportunities for the citizens of Grapevine through its amenities, programs and activities, promoting fitness, wellness and a higher quality of life. The Center offers a weight/cardiovascular room, walking track, and class/meeting rooms. All family members five years of age and older must purchase yearly membership ID cards to use the Center. Before purchasing or renewing a resident or Grapevine business owner membership ID card, residents must provide proof of residency and business owners must provide a DBA certificate and documentation showing the business physical address.

Facility Hours

Monday-Thursday 5:30 AM-10 PM
Friday 5:30 AM-7 PM
Saturday 9 AM-7 PM
Sunday 1-6 PM
Easter-Apr. 20 Closed
Memorial Day-May 26 9 AM-7 PM
Independence Day-Jul. 4 Closed

Annual Membership Fees

Grapevine Resident/Business Owner \$35 per year
Resident Family \$85 per year
Guest Pass, with member \$5 daily

Only one guest per member, per visit.

Mandatory

Children 9 yrs. of age and under must always be accompanied by an adult.

Children's Activities Center

Quality supervision and activities for children. Age-appropriate, physical and intellectually stimulating activities will be offered. Parent must remain in the building. Reservations may be made three days in advance.

Hours: Mon.-Fri.

8:30 AM-12:30 PM

Ages: 3 mo.-6 yrs.

Fees: \$20/ten visits, CAC members & residents
\$30/ten visits, non-residents (advance reservations required).

Weight/Cardiovascular Room

The Grapevine Community Activities Center offers Hoist weight equipment, functional trainer, free weight benches, a Smith machine, dumb bells, top-of-the-line Precor stationary bicycles, stair climbers, elliptical trainers and treadmills are available for use by individuals 16 years of age and older. Individuals 13-15 years of age may use the weight room if accompanied by an adult. Children age 12 and under are not allowed access to the fitness room. No sports bras, bare midriffs or any other clothing that exposes the torso will be allowed in the fitness room. Our Cardio Theater System is designed to enhance your exercise experience. Personal training is available. No outside personal trainers receiving compensation for services are permitted.

Registration Fees

Fees may be paid by cash, check, Mastercard, Visa, or money order at time of registration. Make checks payable to the city of Grapevine. Returned checks will be subject to a \$20 charge. All program fees are regulated according to the cost of the instructor, supplies and minimum class enrollment. Some programs may require additional fees or supplies. No programs are held on holidays recognized by Grapevine Parks and Recreation. All fees collected, support and finance these programs.

It is not necessary to be a member of the Community Activities Center to register for Parks & Recreation programs.

Waiting List

If the class/program you desire has already filled, staff will return your fee and keep your registration form. You will be notified if a space becomes available or a new class is formed. Program openings will be filled on a first-come, first-served basis from the waiting list. Register Early!

H.E.R.O.

Financial Assistance Program

The H.E.R.O. Assistance Program (Helping Everyone enjoy Recreational Opportunities) assists Grapevine citizens of all ages participate in city-sponsored recreation programs that they are unable to afford. For more information please call 817.410.3470.



AQUATICS

Roughly 175,000 gallons of water will circulate for pure aquatics fun. New features are a large slide tower offering two different ride experiences, zero depth entry kids zone with climbing area, lazy river, lap lanes for aquatics fitness and exercise! The aquatics area also includes an abundance of seating and lounge space throughout, men's and women's locker rooms, and a family changing area.

FITNESS

Our fitness area will expand from 2,000 square feet to 7,000+ square feet. Boasting new, state-of-the-art equipment, multiple exercise rooms for fitness classes, private fitness assessment rooms, an updated elevated walking track, an indoor children's themed playground, a dedicated childcare room and dedicated birthday party rental rooms.

55 & BETTER

Our current Senior Activities Center will also blend in to the multi-generational recreation center with a kitchen and lunchroom area with the lunchroom area doubling as a community room/event hall, lounge areas, fireplace, computer lab and other classroom space.

The REC Opens Spring 2015!

FAMILY PASSES AS LOW AS \$4.17/PERSON A MONTH*

***Annual family pass - family of 6. Visit playgrapevine.com for more info.**

Registration & Policies

REGISTRATIONS WILL BE PROCESSED ON A FIRST-COME, FIRST SERVE BASIS. NO EARLY REGISTRATION WILL BE ACCEPTED. SEE REGISTRATION DATES ON PAGE 48.

ONLINE REGISTRATION is available online at playgrapevine.com. You must have a user ID and password, which may be obtained at the Community Activities Center. Visa or MasterCard required for payment. Due to fee structure, some classes may not be available on-line. Due to fees not being discounted online, HERO recipients cannot register via the internet.

PHONE-IN REGISTRATION is available for households that have previously registered for Parks and Recreation programs and are therefore already in our computer system. Payment must be made with Visa or MasterCard. Memberships may not be processed over the phone. Please have your Playbook and credit card available to expedite registration. Please call 817.410.3450 for phone-in registrations.

FAX-IN REGISTRATION Please fax completed registration form to 817.410.3498. Include Visa or MasterCard number and expiration date. Available 24 hours a day. Please call 817.410.3450 for confirmation that fax was received.

DROP-OFF REGISTRATION is available 24 hours a day in the Community Activities Center drop box, located to the left of the front doors. Include registration form and payment in a sealed envelope marked "Playbook." Registrations will be processed the following business day.

MAIL-IN REGISTRATION must be received prior to the last day of registration unless otherwise stated. Please mail the completed registration form and payment to:
"Playbook"
P.O. Box 95104 • Grapevine, TX 76099

WALK-IN REGISTRATION will be accepted at the Community Activities Center.

REFUNDS

Your satisfaction is important to us! If you are not completely satisfied with your class, please notify us. The following are general guidelines for refunds:

- 1) A refund may be prorated dependent upon the date of the request. Refunds must be requested prior to the midpoint of that session.
- 2) All requests for refunds will be reviewed by staff.
- 3) A Refund Request Form must be completed in person or with a staff member via telephone. Forms may be obtained at the Community Activities Center.
- 4) Refunds will be refunded back to the credit card charged and applied to the household account for future use, or processed and a check returned. No cash refunds.

CANCELLATIONS

All programs must have a minimum number of participants in order to be conducted. If a program does not meet this minimum, no later than 48 hours prior to the program start date, the class may cancel/combine or make any revisions necessary. A full refund will be processed and mailed. Please allow 3-weeks for refund.

PLAYER'S NOTICE

Participants must recognize that all classes/activities of a physical nature involve some risk, and by registering for a class/activity of this nature there is an assumption of risk by the participant. The City of Grapevine Parks & Recreation Department is dedicated to providing safe facilities and equipment for all participants, as well as qualified staff and instructors. Every effort is made to ensure the safety of the participants and to provide them with first-class leisure activities, facilities and parks. In the event of a serious accident or illness, it is the policy of the City of Grapevine to:

- 1) Contact Grapevine Fire Department Emergency Services to perform first aid, and when necessary, recommend transportation to a hospital.
- 2) Reach the parent and/or legal guardian as soon as the situation allows.

LAKE PARKS ANNUAL PASSES are available at The Vineyards Campground and Cabins, 1501 North Dooley Street, Meadowmere Park, 3000 Meadowmere Lane, and Rockledge Park, 3600 Pilot Point, Grapevine. These calendar year passes provide holders use of all nine public boat ramps in Grapevine and access to Meadowmere and Rockledge Parks. Join us in the great outdoors!

ClassStats 817.410.3450

SESSION REGISTRATION SCHEDULE

SESSION	REGISTRATION DATES	SESSION LENGTH	BEGINS WEEK OF
03	CAC Members/Residents: Feb. 16-Mar. 1 Non-residents: Feb. 23-Mar. 1 (No classes held Mar. 9-15)	4 wks.	Mar. 16

ALL CLASSES will be held at the Community Activities Center unless otherwise noted.
It is not necessary to be a member of the Community Activities Center to register for parks and recreation programs.

E-Z "PLAYBOOK" CLASS REGISTRATION FORM

"PLAYBOOK" · P.O. Box 95104 · Grapevine, TX, 76099

Mail-in registrations are not accepted for Center memberships and Jazzercise classes. No early registrations will be accepted.

Head of Household		Home Phone		Work Phone		Emergency Phone	
Street Address		City		Zip		E-mail Address	
NAME OF PARTICIPANT	MALE/FEMALE	DOB (MM/DD/YY)	Class Title	Class Code	Session	Start Time	Fee
							\$
							\$
							\$
<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> \$1 H.E.R.O. Program donation (see page 46 for more info)							\$
PAYMENT METHOD: <input type="checkbox"/> Mastercard <input type="checkbox"/> Visa <input type="checkbox"/> Check (Payable to "City of Grapevine") <input type="checkbox"/> Cash							TOTAL \$
<div style="display: flex; border: 1px solid black; height: 20px; width: 100%;"></div>							Expiration Date _____

I do hereby release, absolve, indemnify, and hold harmless the city of Grapevine and its employees, activity officials, activity supervisors, any or all of them in the event of any accident, injury or death sustained by the above named participant(s) while being transported to or from an activity, or while participating in any activity, from any liability of any kind whatsoever. I also give permission for any photographs taken during these activities to be utilized for promotional uses by the PARD now and in the future. I, the parent or legal guardian of the above named participant, do hereby give my approval for participation in any and all of the program's activities.

Participant/Parent/Legal Guardian Signature

Date

Please call 817.410.3450 if you require special accommodations to participate in the programs for which you are registering.

PlayGrapevine

PARKS:

911 Plaza
Acorn Woods
Austin Oaks Park
Banyan Park
Bear Creek Park
Bellaire Park
Big Bear Creek Nature Preserve
Botanical Gardens at Heritage Park
Cannon Elementary
C.J. Hutchings Park
Casey's Clubhouse
Cluck Park
The REC
Convention Center/Library
Cross Timbers Middle School
Dove Waterpark
Dove Crossing Park
Dove Elementary
Faith Christian School
Glade Crossing Park
Glade Landing Park
Hazy Meadows Park
Heritage Center
Heritage Park
Heritage Elementary
Highpoint Park
Horseshoe Trails Park

ADDRESSES:

2 Texan Trail
1000 Oak Grove Loop South
528 Austin Creek Drive
350 Banyan Drive
3230 S. State Hwy 360
1004 Pine Street
3010 Parr Lane
411 Ball Park
1300 W. College
1201 Cable Creek Drive
1509 Hood Lane
312 Central Drive
1175 Municipal Way
1201 Municipal Way
2301 Pool Road
1509 Hood Lane
1701 Stoneway Drive
1932 Dove Road
730 E. Worth
512 Westbury Drive
5201 Brettenmeadow Drive
4300 Hazy Meadows Drive
701 S. Main Street
200 Ball Street
4500 Heritage Road
4121 Freeport Parkway
2099 Hood Lane

In-Line Hockey Facility
Jackson Pavilion
Katie's Woods Park
Lakeview Park
Liberty Park
Meadowmere Park
Meadowmere Soccer
Oak Grove Ballfield Complex
Oak Grove Soccer Complex
Oak Grove Softball Complex
Oak Ridge Park
Parkwood Park
Parr Park & Sprayground
Pecan Park
Pickering Park
Pleasant Glade Pool
Rockledge Park
Shadow Glen Park
Silverlake Elementary
Sunshine Harbor Park
The Vineyards Campground & Cabins
Timberline Elementary
Town Square
Trawick Pavilion
Wall-Farrar Park
Yorkshire Meadows Park

240 E. Nash
3501 Pavilion Place
1700 Katie's Woods Drive
3850 Lakeview Drive
215 S. Main Street
3000 Meadowmere Lane
3295 Perch Lane West
2520 Oak Grove Loop South
1299 Oak Grove Loop North
2700 Dove Loop Road
2590 Juniper Lane
1901 Woodcreek Drive
3010 Parr Lane
4200 Halmont Drive
1901 Kimball Road
1805 Hall-Johnson
3600 Pilot Point
1815 Altacrest Drive
1351 N. Dooley
821 Dawn Lane
1501 N. Dooley Street
3220 Timberline Road
325 S. Main Street
2700 Darren G. Medlin Trail
W.D. Tate & State Hwy 360
2710 Whitby Lane

Boat Ramp addresses available at playgrapevine.com

Islands of New England

August 24 - 31, 2015



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Senior Tours

Highlights . . . Providence, Newport, Boston, Cranberry Bog, Plymouth Rock, Plimoth Plantation, Cape Cod, Martha's Vineyard, Nantucket, Hyannis, Provincetown

For more information visit gocollette.com/link/613854
or contact Eileen Hinson 817.410.3465
ehinson@grapevinetexas.gov

Book by March 24!

Grapevine Trails Map





P.O. BOX 95104
GRAPEVINE, TX 76099

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ECRWSS

*Opening this
Spring!*

WERE

OF GRAPEVINE

RECREATION | EDUCATION | COMMUNITY

MEMBERSHIPS NOW AVAILABLE FOR PURCHASE

Visit us at 1250 William D. Tate, Ste. 100 to sign up.

For pricing and additional info, visit playgrapevine.com